

REPUBLIC OF KENYA



MINISTRY OF HEALTH

Supporting Mothers to Successful Breastfeeding

By

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**Improving Nutrition Services in the Care of the Ill and Vulnerable Newborn and Child
Workshop, 30th October to 2nd November 2018**

Accra, Ghana

Presentation Outline

- Status of Key Nutrition Indicators in Kenya
- Breastfeeding Status in Kenya
- Breastfeeding Status for Children less than 6 months
- Enabling Environment for Breast feeding

Kenya : Nutrition Situation & Target



Children <5y

26% stunted

11% underweight

4% wasted

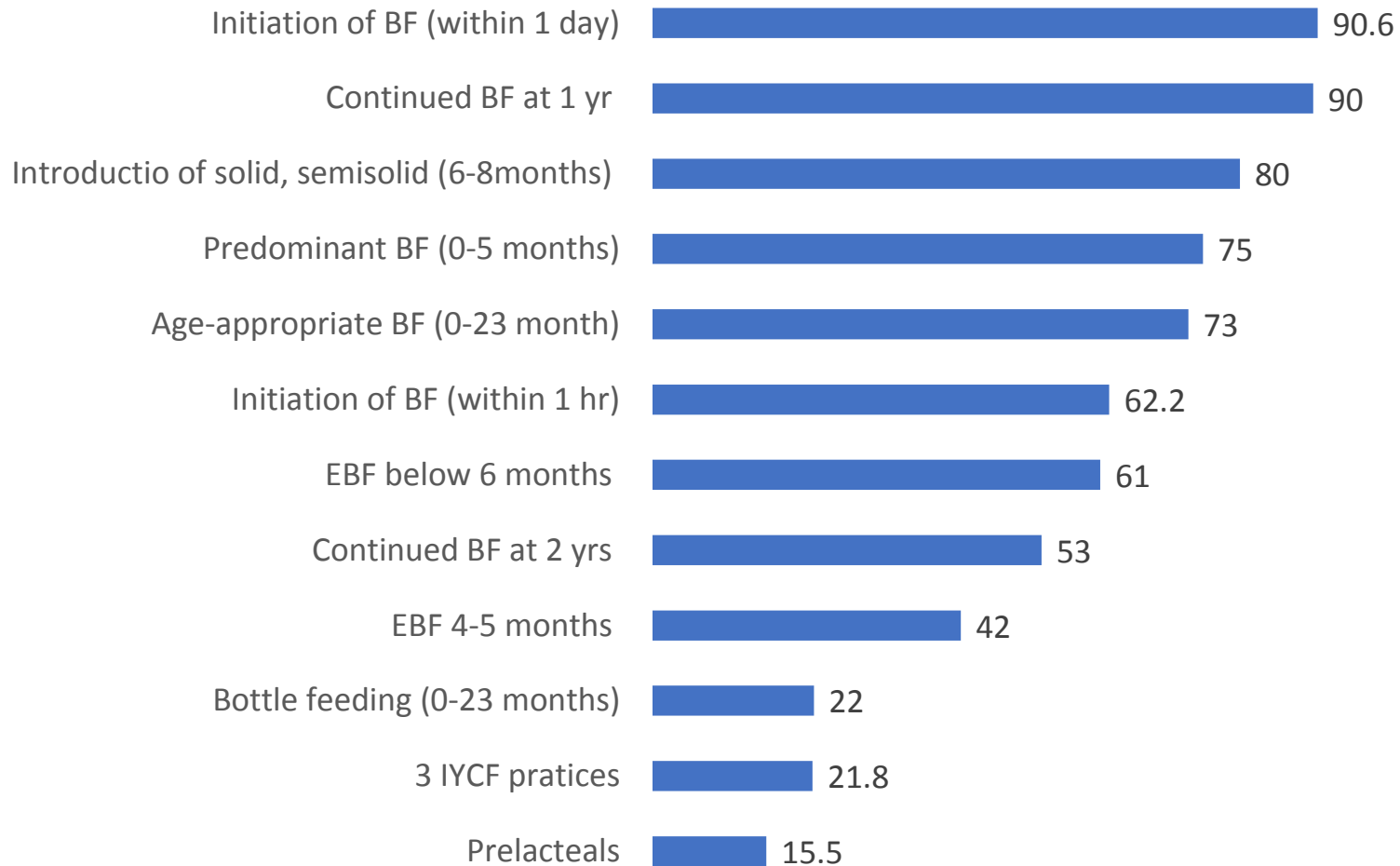
61% (<6m) Excl breastfed

4% overweight
or obese

- 1** achieve a 40% reduction in the number of children under-5 who are stunted;
- 2** achieve a 50% reduction of anaemia in women of reproductive age;
- 3** achieve a 30% reduction in low birth weight;
- 4** ensure that there is no increase in childhood overweight;
- 5** increase the rate of exclusive breastfeeding in the first 6 months up to at least 50%;
- 6** reduce and maintain childhood wasting to less than 5%.

Breastfeeding Status in Kenya

IYCF indicators on breastfeeding (%)

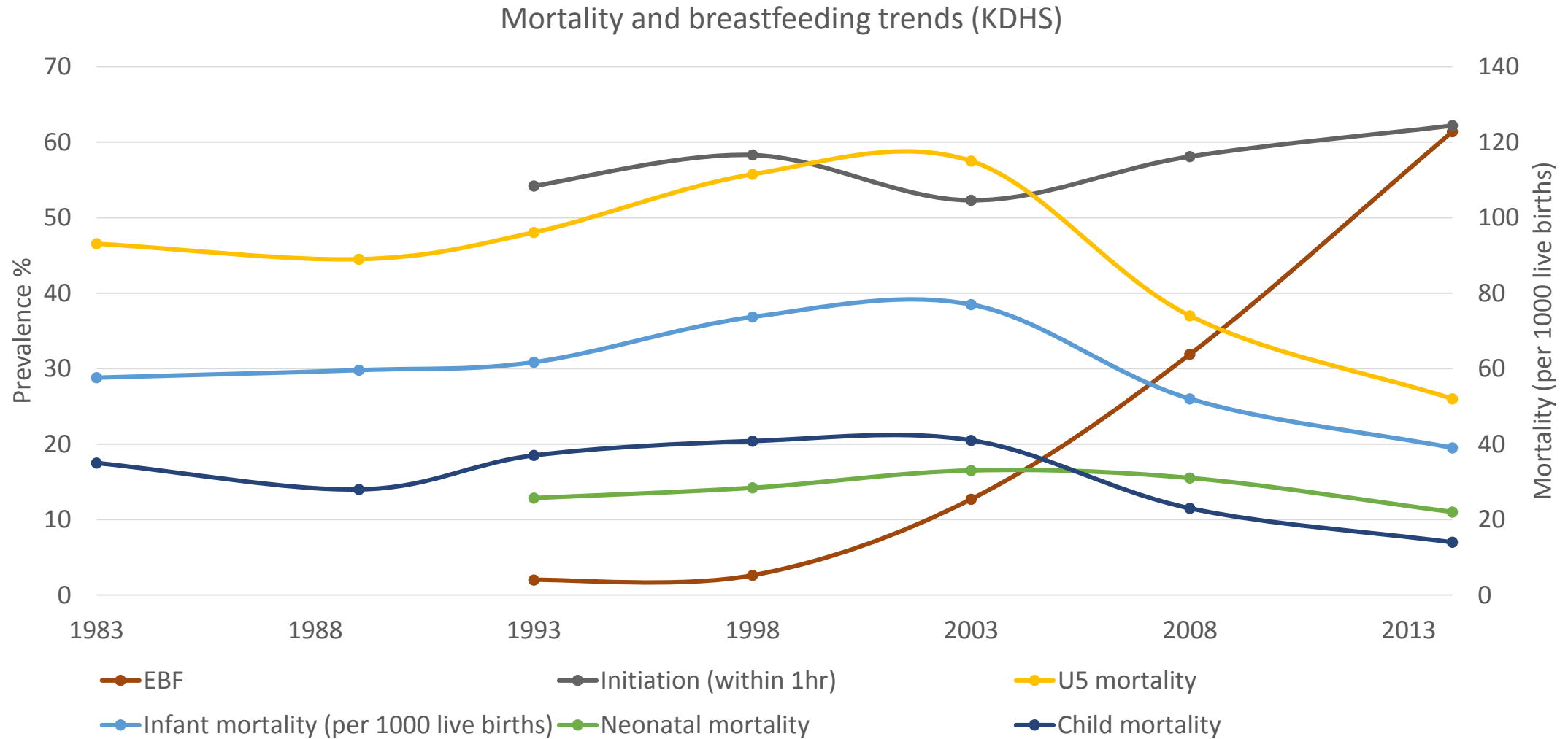


Median duration of EBF (months) 3.3

Mean duration EBF (months) 4.3



Breastfeeding and mortality trends in Kenya



Improvement in breastfeeding rate, observed corresponding reduction in mortality rate

Creating an Enabling Environment for Breast feeding

An Integrated Approach to Promote, Protect, and Support Breastfeeding

Legislation and Policy

MIYCN Policy, **Breast Milk Substitutes Act, 2012**

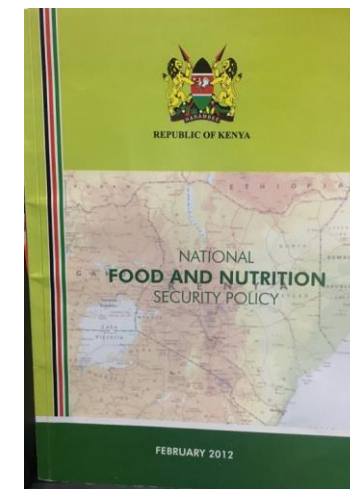
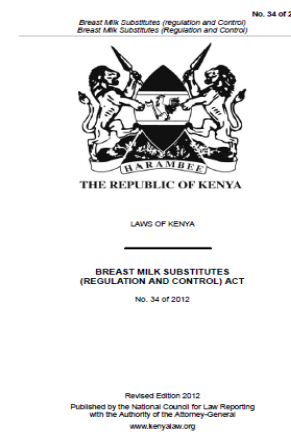
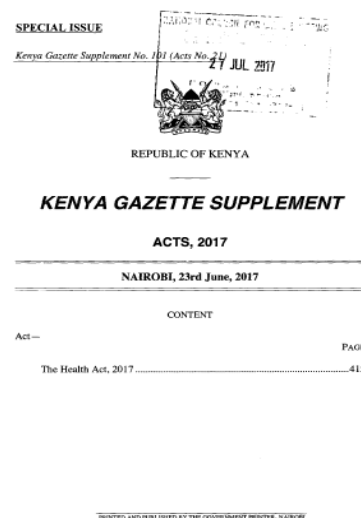
Improving Family and Community Practices

BFCI

Improving Health Systems

Baby Friendly Hospital Initiative (BFHI), In-service training, Integrate MIYCN Indicators to HIS, MIYCN Counseling, IMCI

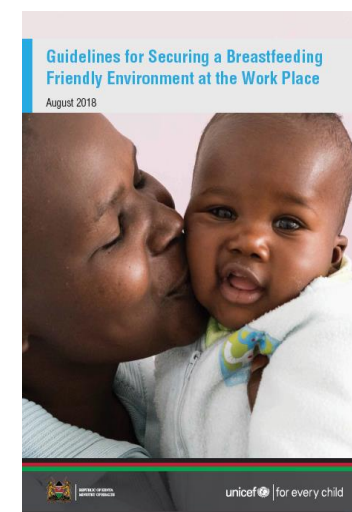
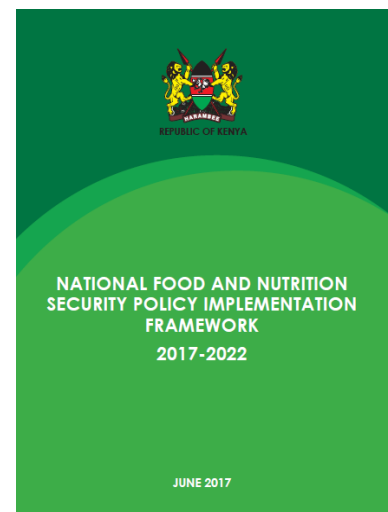
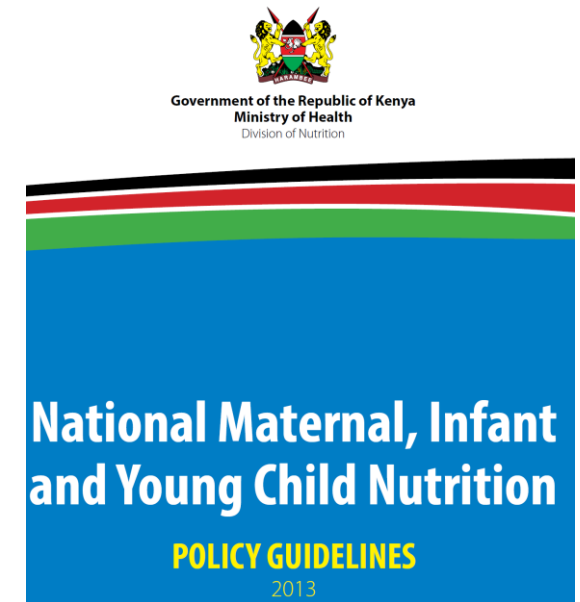
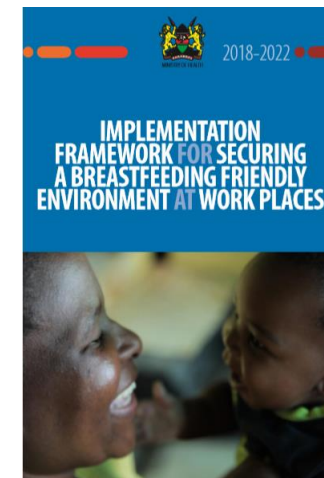
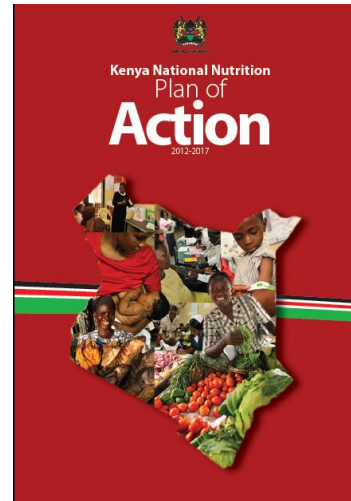
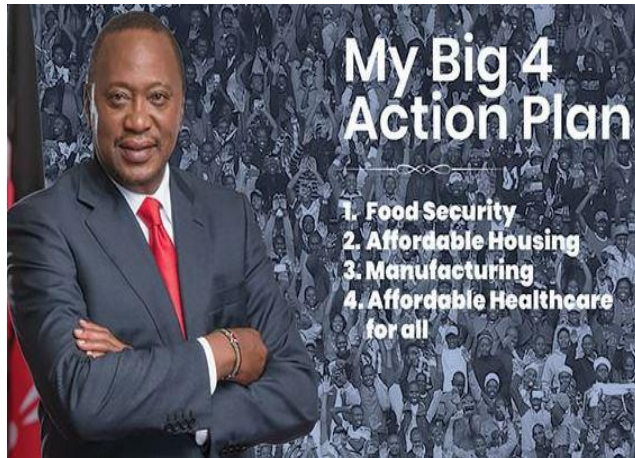
1. Policy and Legislative framework



KHSSP III

Stunting indicator is included in Medium-Term Expenditure, Funding Plan and the Big Four Agenda

Operationalizing the legislative frameworks



2. Baby Friendly Community Initiative (BFICI)

- A community-based intervention to promote, protect and support, **breast feeding, optimal complementary feeding and maternal nutrition**
- It also includes sanitation and hygiene, early childhood stimulation, referral to MCH, HIV services among others
- Works through
 - i. Formation and training community mother support groups (CMSG), mother to mother support groups (M2MSG) and close links to Health Centers and local authorities.
 - ii. Home visitation
 - iii. Community campaigns for MIYCN
- Developed to expand the 10th step of baby friendly hospital Initiative (BFHI)
- Focuses on support for MIYCN at community level



Baby Friendly Community Initiative



Mother Support Group

Husband



Family



Media



Household help

Friend



Work



Health Professional

3. Workplace Support for Breastfeeding

- Women workforce is estimated at 62%
- Kenya Employment Act 2007 provides for 90 days paid maternity leave and 14 days paternity leave plus annual leave.
- Guidelines for securing a breastfeeding friendly environment at workplace in place
- Private sector protecting, promoting and supporting breastfeeding under the auspices of ***Better Business Practices for Children***.
- 38 private sector companies established lactation stations by August 2018.



Next steps

- Advocacy for ratification of ILO Convention 183 – Increase maternity protection to 14 weeks
- Have social protection breastfeeding mothers working in informal sector equivalent to paid maternity leave

Ongoing studies

- Linking nutrition and ICCM “Integrating treatment of uncomplicated SAM and MAM into ICCM)
- A pilot study on optimising Breastfeeding to treat nutritionally vulnerable Infants under 6 months –
- Pilot Netcode “Protocol for the assessment and monitoring of “the code” and relevant national measures”
- Human Milk Banking

At county level

Role of national level at county is capacity building, policy guidance

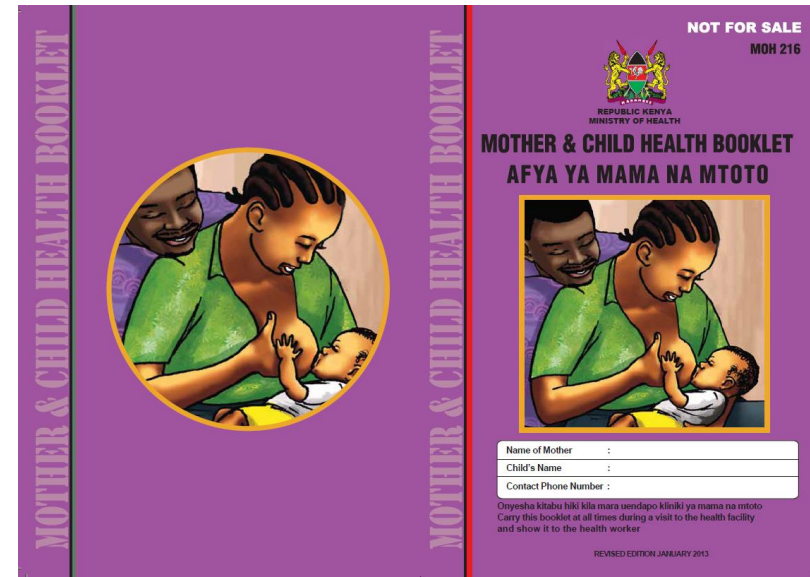


Provides support to the capacity building of health care workers on MIYCN including the support to Kangaroo mother care both at the health facility and the community health extension workers

Integration of breastfeeding in the continuum of care

- ICCM – assessing breastfeeding by CHVs (unable to breastfeed/feeding is a danger sign for referral)
- Mother and Child Health (MCH) Handbook – feeding during and after illness
- Community health strategy – number of mothers with newborn counselled on exclusive breastfeeding

ASK and LOOK	Any DANGER SIGN	SICK but NO Danger Sign?
ASK: What are the child's problems? If not reported, then ask to be sure Yes, Sign Present, → Tick <input checked="" type="checkbox"/> No sign → Circle ○ <input type="checkbox"/> Cough? If yes, for how long? ____ days	<input type="checkbox"/> Cough for 14 days or more	



Acknowledgements to Kenya Delegation

Name	Organization
Silas Agutu	Country Manager Child/Newborn Health, MOH
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Thank You



<http://www.nutritionhealth.or.ke/>