

# **DIARRHEA AND PNEUMONIA**

## **WORKING GROUP MEETING**

### **TANZANIA UPDATES**



**JUNE 19 – 20, 2013**  
**NEW YORK**

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# BACKGROUND

# Background: Disease Burden in Tanzania

	Pneumonia / ARI	Diarrhea	Number of Children per Age Group
<b>Major Causes of Child Mortality</b>	13%	11%	
<b>% children under five (prevalence)</b>	Months: % <6: 4.2% <b>6-11: 5.7%</b> 12-23: 4.6% <b>24-35: 5.2%</b> 36-47: 3.6% 48-59: 3.3%	Months: % <6: 10.8% <b>6-11: 28.5%</b> <b>12-23: 20.7%</b> 24-35: 15.7% 36-47: 7.7% 48-59: 8.1%	Months: Number <6: 843 6-11: 801 12-23: 1,576 24-35: 1,450 36-47: 1,567 48-59: 1,430  Total Children: 7,667
<b>Source of information</b>	<i>Mortality statistics in the Countdown to 2015 2010 Report, United Republic of Tanzania, source as WHO/CHERG 2010            TDHS 2010            Tanzania Child Survival Dashboard, WHO WHS 2010</i>		

# Background: Treatment Coverage

	Diarrhea	Pneumonia
<b>Care Seeking</b>		
Of the children under five who had symptoms in the two weeks preceding the survey, % taken to see a health care provider/facility	53%	71%
<b>Treatment Coverage</b>		
% of Children received appropriate first-line treatment	44% (ORS or ORS/zinc) 4.7% (Zinc)	22% (antibiotics, per TDHS 1991-92) Dispersible Amoxicillin – n/a
Primary Alternative	Antibiotics	Cotrimoxazole
Other treatments	Pill/syrup (49.8%) IV (0.5%) Home Remedy/Other (6.8%)	Crystapen injection
Source of Information	TDHS 2010 Abt Associate/MCHIP-SHOPs Study Results 2012	

# Background: Source of Care

Source of Care	Diarrhea (%)	Short/rapid breaths (%)
	2010	2010
Didn't seek care	31.6	16.8
Private (facility)	4.1	5.7
Religious/NGO	4.3	5.8
Other/Pharmacy*	15.6	20.1
Government hospital	4.0	7.6
Government health center	10.7	9.8
Government dispensary	30.2	34.5
Source of Information	TDHS 2010	

Sample Size of caregivers: 12,666

\* ADDO was not identified as a specific source of care, our assumption is that it's part of Pharmacy

# Background: Care Seeking Behavior

## Barriers to Care Seeking Behaviors

- Distance to reach the health facility(TDHS 2010)
- Finance (ready cash to pay for drugs at ADDO or treatment at mission hospital)
- Long waiting times at dispensaries
- Insufficient staff at dispensaries
- Insufficient (free) drugs at dispensaries
- Poor response to emergencies

*\* Most dispensaries accessible 24 hours; ADDOs 18 hours.*

# Pneumonia: Care Seeking & Treatment Coverage

## **Public Sector:**

- Lack of resources allocated to pneumonia (treatment data not collected since TDHS 1991-92)
- Challenge of recent policy change to dispersible amoxicillin (unavailability of the product in the country)
- Over-prescription of non-first-line treatments, especially IV/injections and syrups
- Service provider misdiagnosis of pneumonia as malaria



# Pneumonia: Care Seeking & Treatment Coverage

## **Private Sector:**

- Low private sector market penetration
- Dispersible Amoxicillin is currently registered with the TFDA (currently only 2 suppliers are registered for 250mg D.A)
- Antibiotics are not OTC, policy does not allow antibiotics to be OTC

## **Community / Patients**

- Irrational drug use and preference for crystapen injections
- Insufficient care-seeking behavior (71%)
- Limited easy, cost-effective prevention options for pneumonia

# Diarrhea: Care Seeking & Treatment Coverage

## **Public Sector:**

- Limited zinc awareness among Community Health Workers
- Public facility stock-outs, despite stock piles expiring
- Slow dissemination of changed policies regarding diarrhea treatment that ORS and zinc have OTC status
- Insufficient supervision, job aides and wall charts in facilities

# Diarrhea: Care Seeking & Treatment Coverage

## **Private Sector:**

- Low zinc market penetration and coverage
- Separation of ORS and zinc, both in terms of packaging and solution
- Stock expiration due to limited purchase
- Limited dissemination of policy change that ORS and zinc have OTC status

# Diarrhea: Care Seeking & Treatment Coverage

## **Community / Patients:**

- Low awareness of importance of Zinc among caregivers & providers
- Insufficient/incorrect care-seeking behavior (53%)
- Outcome expectations favor syrups and antibiotics, rather than ORS/zinc. Resistance to treatments that require self-preparation
- Continued and increasing practice of curtailing fluid intake when children have diarrhea

# Key Barriers to Scale Up:

- Irregular availability of recommended drugs and supplies for diarrhea and pneumonia
- Lack of formal trained structure for community case management – current policy is against CCM/iCCM only cIMCI is allowed.
- Inadequate trained (on IMCI) human resource at the public health facilities
- Inaccessibility of services in rural areas
- Little coordination and linkages across the health sector (between dispensaries, community-level Community Owned Resource Persons and private sector ADDOs – Accredited Drug Dispensing Outlet).
- The demand for Amoxicillin Dispersible tablet has not been established by the MOH and interested parties, ie , forecasting and quantification for amoxicillin DT needs has not been done yet.

# UPDATE ON PLANNING

# Update on Planning: Enabling Elements

S/N	Enabling Element	Status
1.	EMI National Scale-up Plan	<ul style="list-style-type: none"><li>-Endorsed by the MoHSW in 2012</li><li>-Interventions and Budget reviewed by Stakeholders in 2013</li><li>-Final reviewed interventions and budget to be submitted before end of June 2013</li></ul>
2.	Policy Changes	<ul style="list-style-type: none"><li>-<b>Diarrhea:</b> (Zinc and ORS approved for OTC status by TFDA in 2009</li><li>-<b>Pneumonia:</b> first-line treatment policy change in September 2011 from cotrimoxazole to dispersible amoxicillin.</li></ul>
3.	Partner Coordination Mechanism	<ul style="list-style-type: none"><li>-<b>On progress:</b> Mapping of stakeholders/partners working on diarrhea and pneumonia</li></ul>
4.	Vaccination	<ul style="list-style-type: none"><li>-New EPI vaccines introduced (Hib, Pneumococcal, Human Papilloma Virus (HPV) and Rota Virus vaccines).</li></ul>

# Status of UNCoLSC Country Plan

S/N	UNCoLSC Plan	Status
1.	UNCoLSC Country Plan	-Currently revising the country plan (June 19 <sup>th</sup> – 20 <sup>th</sup> ) before Dakar meeting on July, 2013 -Development of Zanzibar interventions and budget
2.	Inclusion of ORS, ZINC and Dispersible Amoxicillin	-Included in the country UNCoLSC plan
3.	Merging of EMI and UNCoLSC country plans	-On progress: merging of interventions and budget for diarrhea and pneumonia to identify resource gap and overlap of interventions

## Current Funding Secured Todate:

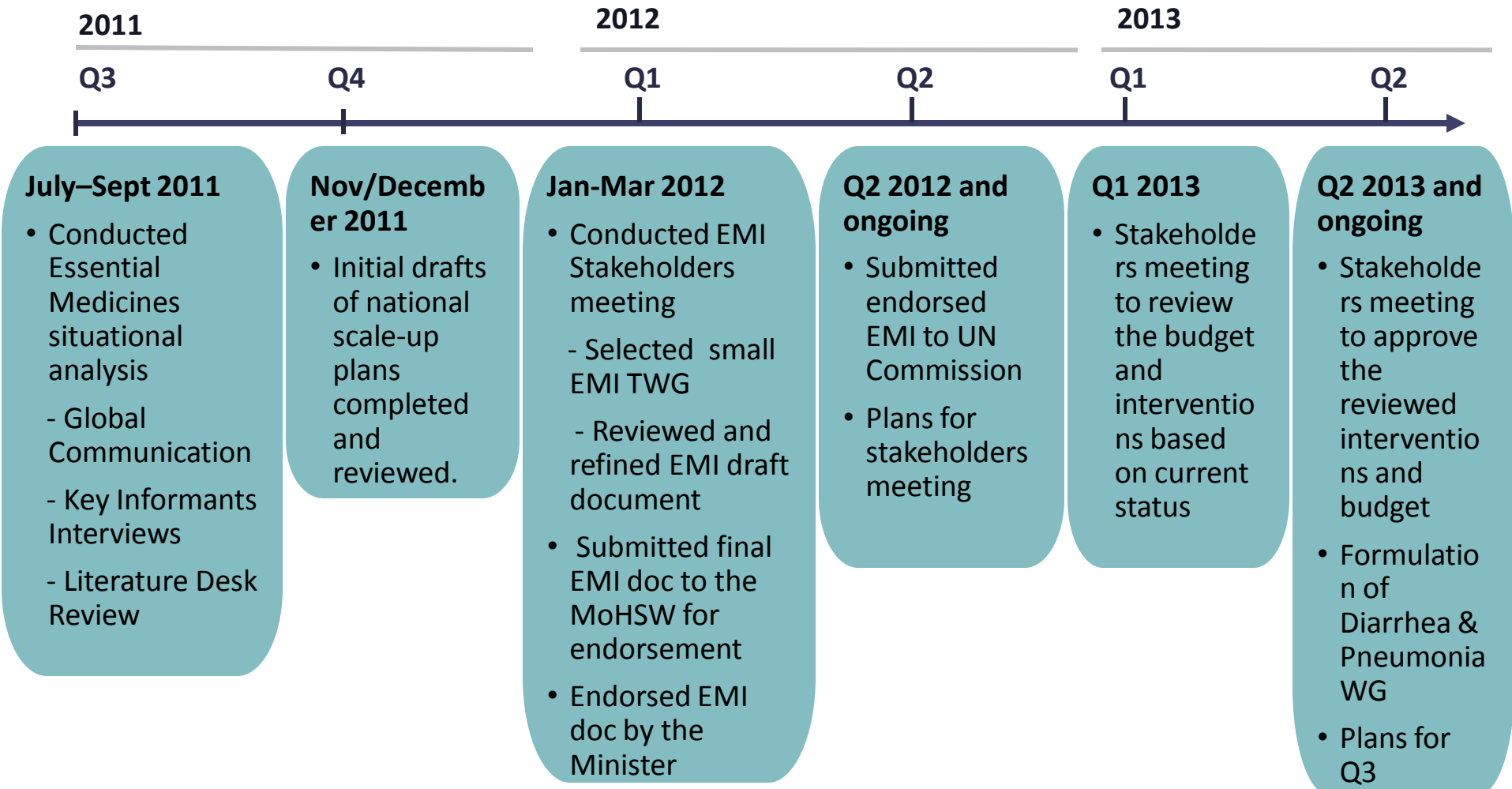
- UNICEF Tanzania received funds from CIDA (\$4.4M) for scaling up coverage of ORS, ZINC and Amoxicillin (demand creation, increasing access and availability of diarrhea and pneumonia treatment through procurement and supply management, supporting public-private partnerships and service delivery)





# **UPDATE ON IMPLEMENTATION PROGRESS**

# Key Milestone since Mid 2011 - Todate



# Summary of Reviewed Interventions

- **Intervention 1:** Expand TFDA registration Fast-Tracked Priority Products List and Register key EMLc Drugs
- **Intervention 2:** Roll-out of diarrheal treatment corners and launch of prepackaged ORS/zinc through the public and private sector
- **Intervention 3:** Adaptation and scale-up of proven mHealth monitoring systems to improve Availability of essential commodities for pneumonia and diarrhea (ILS Gateway & *SMS/mhealth stock monitoring system in the private sector*)
- **Intervention 4:** ADDO Network access strengthening (Pharmacy Council, TFDA list, CHF integration) to support management of Pneumonia and Diarrhea
- **Intervention 5:** Capacity Building for appropriate Case Management & Incentives system to activate linkages (private and public)
- **Intervention 6:** Targeted advocacy campaign promoting the strategy at all levels
- **Intervention 7:** Targeted BCC campaign to promote rational diarrhea and pneumonia diagnosis and treatment
- Revised Budget for all EMI 7 Interventions: **\$ 58.8M**

# Existing National Child Survival Initiatives

S/N	Initiative	Status
1.	A Promise Renewed (APR)	<ul style="list-style-type: none"><li>-Concept note has been drafted</li><li>-Technical consultation meeting took place on April, 2013 as a preparation to develop action plan focusing on;<ul style="list-style-type: none"><li>a) Prevention and Management of Diarrhea, Pneumonia and Malaria</li><li>b) Improving access on life saving commodities including antibiotics, ORS, ZINC, Corticosteroids, ARV and Cotrimoxazole</li><li>c) Scaling up of distance IMCI training</li></ul></li></ul>
2.	National IMCI Policy	<ul style="list-style-type: none"><li>-National IMCI training policy exists with training curriculum, ongoing dIMCI training to public health providers</li></ul>
3.	Co-packaged ORS/ZINC operational study	<ul style="list-style-type: none"><li>-Temporary registration for operational research to test utilization of service and accessibility (ongoing study)</li></ul>

# Existing National Child Survival Initiatives

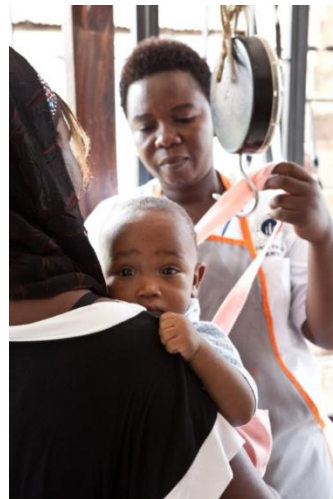
S/N	Initiative	Status
4.	<p>Assessment of availability and accessibility of Pneumonia treatment commodities in Tanzania (study funded by UNICEF in 2012)</p> <p><b>Focus Areas:</b></p> <ul style="list-style-type: none"> <li>-Pneumonia treatment programs (IMCI/ICCM)</li> <li>-Pharmaceutical sectors</li> <li>-Access and use of pneumonia treatments</li> </ul>	<p><b>-Key Findings:</b></p> <ul style="list-style-type: none"> <li>a) Lack of adequate funding for key program inputs and IMCI training</li> <li>b) Low training coverage and training materials</li> <li>c) Lack of adherence to IMCI protocol</li> <li>d) Irregular supply of IMCI medicines leading to stock outs at facilities</li> <li>e) Irrational use of medicines</li> <li>f) Poor care seeking behaviors</li> <li>g) Ignorance to danger signs (caregivers)</li> </ul> <p><b>Key Recommendations:</b></p> <ul style="list-style-type: none"> <li>a) GoT to capacitate local manufactures</li> <li>b) Financial support and incentives to local manufactures</li> <li>c) Comprehensive behavior change communication (BCC)</li> <li>d) Roll-out of newly proposed Community Health Assistant (CHAs) to spur cIMCI/ICCM activities</li> </ul>

# Existing National Child Survival Initiatives

S/N	Initiative	Status
5.	<p>Assessment of community services for Childhood Illnesses. Study conducted by Abt Associates under USAID funding support and MCHIP technical support in in year 2012</p> <p><b>Focus Areas:</b>                      -Availability and accessibility of primary level child health services                      -Quality of health services in rural regions                      -Barriers to seeking care</p> <p><b>Sample Size:</b>                      ADDOs = 58                      Public Dispensaries = 96                      Caregivers = 1,500</p>	<p><b>-Key Findings:</b></p> <ul style="list-style-type: none"> <li>a) Caregiver's Insufficient financial resources to buy medicines and long distance to get the service</li> <li>b) Frequent stock out of medicines at dispensaries (first choice for child health services)</li> <li>c) Most ADDOs are located in urban or peri-urban areas (ADDOs and pharmacies serve as essential back up). ADDO best serve those who can afford to buy drugs</li> <li>d) Low quality of service, insufficient time to attend children at dispensaries, high number of patients to health worker ratio</li> </ul> <p><b>Key Recommendations:</b></p> <ul style="list-style-type: none"> <li>a) Improving health worker practices can in fact save drugs in the long run</li> <li>b) Revisit the design assumptions of ADDO system</li> <li>c) Better incentives should be provided for establishing ADDOs in underserved areas</li> </ul>
6.	Taskforces	<ul style="list-style-type: none"> <li>- Existing of Diarrhea and Pneumonia taskforce</li> <li>- Existing of Zinc Taskforce</li> </ul>

# Existing National Child Survival Initiatives

S/N	Initiative	Status
7.	<p>Launch of IMCI program on Familia Social Franchising by PSI Tanzania</p> <p>* Familia social franchising is a network of private health practitioners linked through contracts to provide quality healthcare services under the Familia brand</p>	<p><b>Key Support from PSI Tanzania:</b></p> <ul style="list-style-type: none"><li>-Trained providers from 15 facilities in Integrated Management of Childhood illnesses ( IMCI)</li><li>-Signed Memorandum of Understanding</li><li>-Supported with essential equipment for IMCI</li><li>-Branding</li><li>-Job aids</li><li>-Provided supportive supervision in collaboration with the Ministry</li><li>-Data collection using DHIS</li></ul>



# Existing National Child Survival Initiatives





**By 2014 Familia franchise will include:**

# 270 health facilities

**270**

Family  
Planning  
Services

**100**

Integrated  
Management  
of Childhood  
Illnesses

**150**

cervical  
cancer  
screening

**17**

cervical  
cancer  
treatment  
(cryotherapy)



# LESSONS LEARNED & DISCUSSION POINTS

# Lessons Learned & Key Issues

## Lessons Learned:

- Introduction of Essential Medicine Initiative (EMI) in the country; country strategy document as a proposal for available funds.
- Integration of EMI interventions and budget to UNCoLSC child health interventions and budget
- Mapping of partners involved in diarrhea and pneumonia interventions, identification of their focus areas and available resources
- Involvement of potential manufacturers and distributors in the initial planning and private sector are critical for creating sustainable supply and demand
- Private, public and NGO sectors must move together in planning

## Key Issues:

- Global support for the registration of pneumonia and diarrhea medicines. Is there any support to facilitate the process?
- Global support on procurement of initial pneumonia treatments

# NEXT STEPS

# Timelines for Implementation

2013 timeline

2014

Now

Q2

Q3

Q4

Q1

Q2

Country strategy implementation

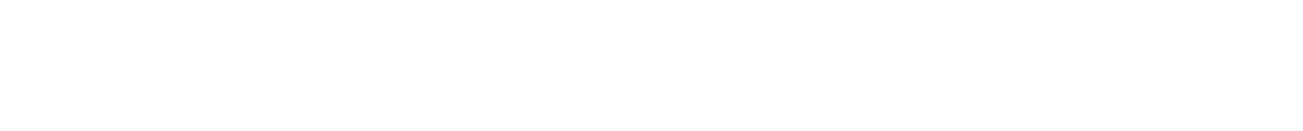
1. Registration of co-packed ORS/Zinc and Amoxicillin

2. Merging of EMI and UNCoLSC Planned Activities, Market Activation Plan

3. Mapping of Partners & Identification of Resource Gaps

4. Advocacy & Resource Mobilization

5. Implementation



# Key Stakeholders:

- MoHSW
- CHAI
- PSI Tanzania
- USAID
- JSI
- PATH
- TFDA
- Pharmacy Council
- WHO
- MSH
- UNICEF
- UNFPA
- Pharmaceutical Supplies Unit



**Thank You!**