

# Bangladesh Experience on Home Based Newborn Care

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## Outline



 Background
National Strategy and Program directives on Home Based Newborn Care

- Evidences on PNC home visit
- Newborn care status in home
- Recent Initiatives on Newborn Health in Bangladesh

### WHERE? Neonatal deaths

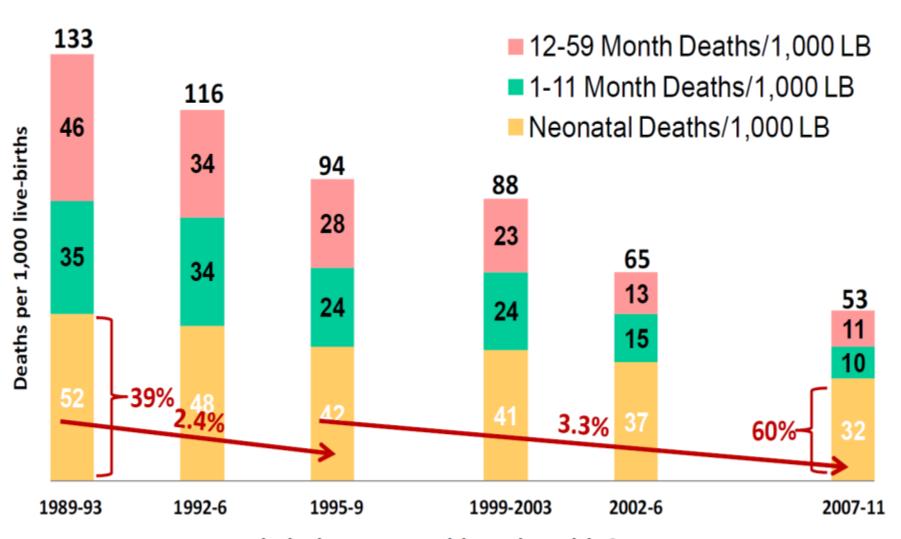
### Bangladesh

- □ 3.3 million birth per year
- 80000 newborn deaths in 2011 (CHERG)
- 49% decline in 2 decades Sources: State of the World's Mother 2013/SC

| Countries   | Ranking for<br>Numbers of<br>Neonatal Deaths |
|-------------|--|
| India       | 1  |
| Nigeria     | 2  |
| Pakistan    | 3  |
| China       | 4  |
| DR Congo    | 5  |
| Ethiopia    | 6  |
| Bangladesh  | 7  |
| Indonesia   | 8  |
| Afghanistan | 9  |
| Tanzania    | 10   |

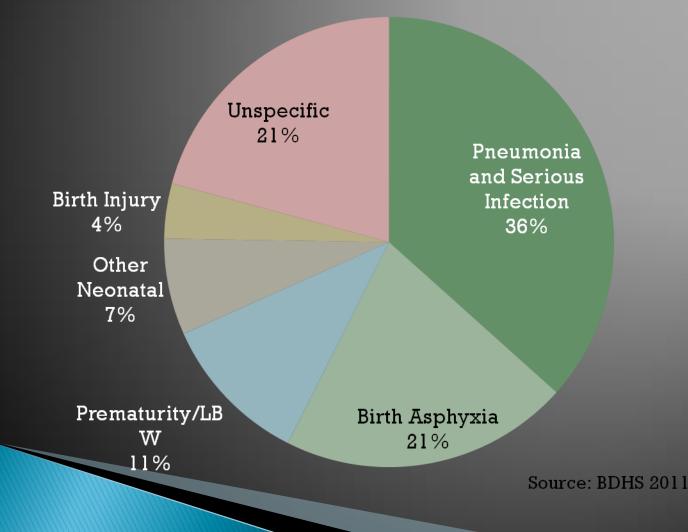
Ref: Lawn JE et al BJOG Sept 2009. Data sources: Estimates of neonatal (2008) deaths from WHO. Updated June 2010

### Declining Child Mortality in Bangladesh

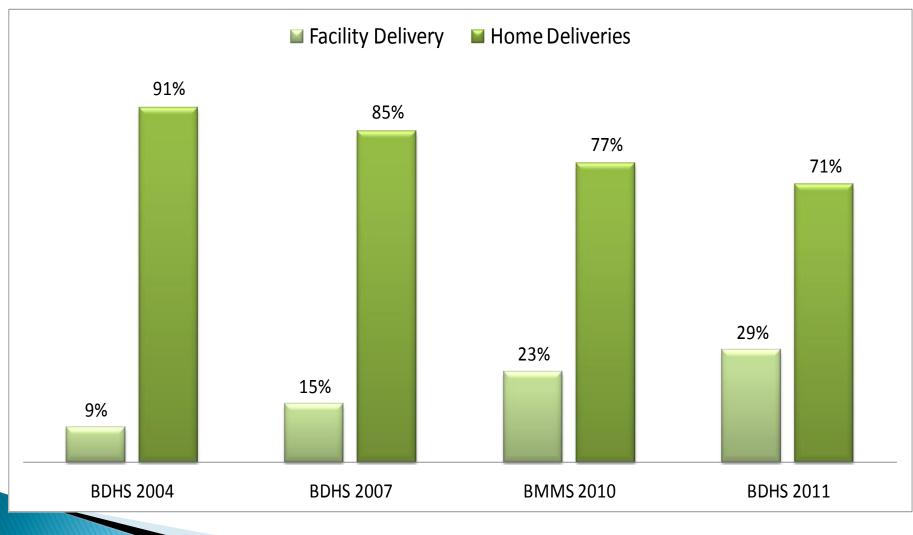


**Bangladesh Demographic and Health Surveys** 

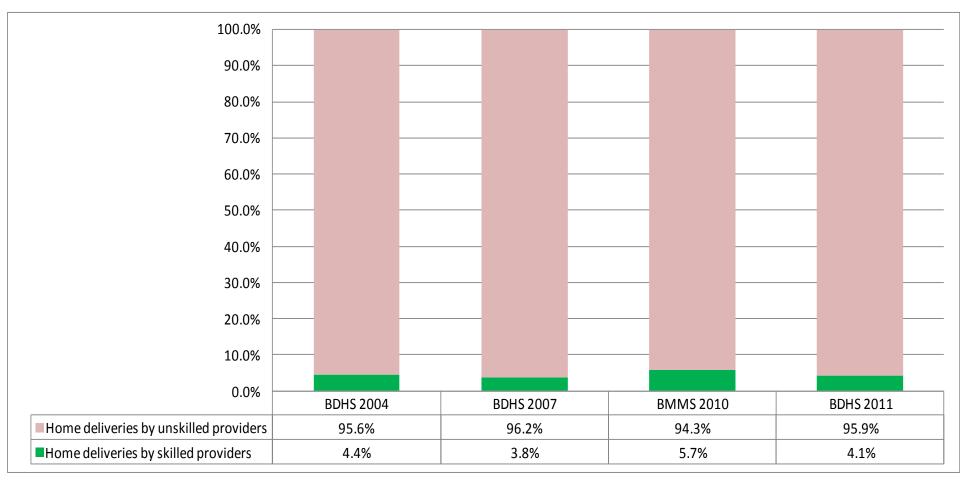
# Estimated causes of neonatal mortality around the year 2010



#### Still home is the commonest place of deliveries in Bangladesh



# Home delivery by skilled attendants - persistently poor



Increases in skilled attendance at deliveries has been entirely due to increases in facility deliveries, particularly in private facilities

### Home Based Newborn Care

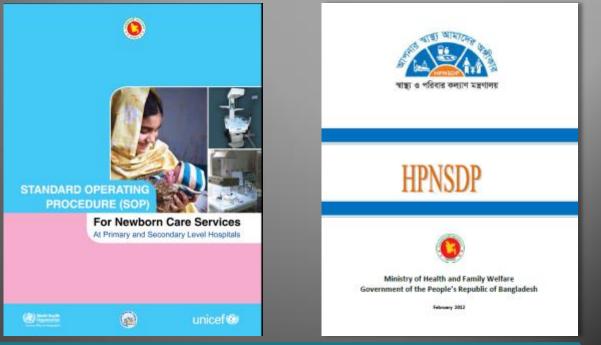
NATIONAL NEONATAL HEALTH STRATEGY AND GUIDELINES FOR BANGLADESH Approved in March 2009



Generated of the Propiet's Repairing of Bargleine

STANDARD OPERATION PROCEDURE (SOP) FOR NEWBORN CARE SERVICES Approved in 2011

HEALTH POPULATION NUTRITION SECTOR DEVELOPMENT PROGRAM 2011 -2016



#### Prioritized Postnatal Home Visit by Trained Community Health Workers

National Neonatal Health Strategy



### **5.4 After Delivery**

The immediate postnatal period is particularly important for both family and providers as majority of the neonatal deaths occur during the early neonatal period. Early identification of neonatal danger signs by family members helps timely referral to trained providers or appropriate facilities to reduce neonatal morbidity and mortality.

#### 5.4.1 Postnatal Visit

There is now greater consensus on PNC interventions,<sup>10,11</sup> but questions remain about the best timing and place for postnatal visits, and who can deliver this package. Majority of the components of postnatal care can be carried out at the community level by a trained health worker while some skilled services need facility arrangements or a skilled health provider (see page 57).

The strategy recommends four post natal visits: within 24 hrs, on 3rd day, 7-14 days and within 42 days. The first three visits are particularly important for neonatal survival and health.

### Health, Population, and Nutrition Sector Development Program 2011-2016



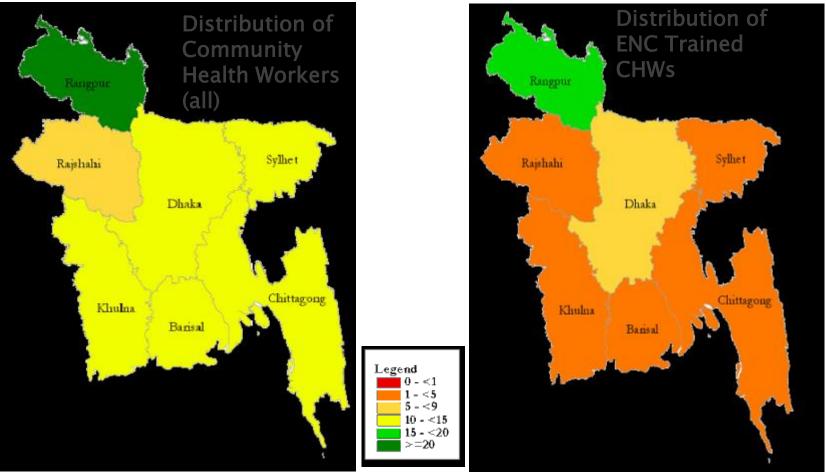
#### Page 7

Home-visit by a trained worker within two days of child birth will be ensured. Sick newborn services will be strengthened at the UHCs and district hospitals with rapid referral systems.

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Specific attention will be given to promote essential newborn care services with emphasis on prevention and management of asphyxia and neonatal infections, and care for the Low Birth Weight and pre-term babies. This will require extensive training of the existing community based workers (FWA, HA, NGO workers) and the new community health care providers (CHCP) and supporting them through operational guidelines, monitoring and supervision and where appropriate with incentives. A specific task to be ensured is a home-visit by a trained worker within two days of child birth. Sick newborn services will be strengthened at the UHCs and district hospitals with rapid referral systems of sick newborns to these facilities.

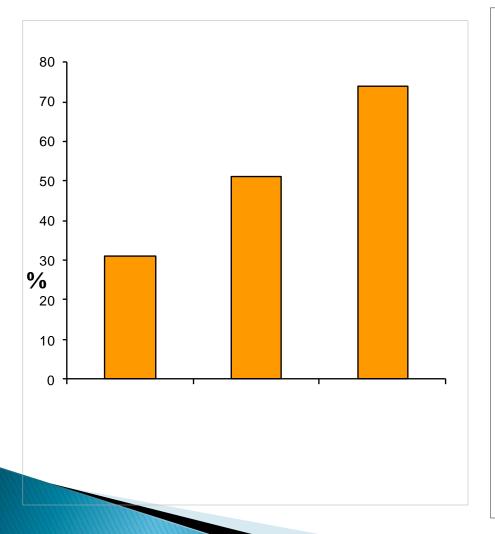
# Distribution of Community Health Worker and ENC trained Community Health Workers



The national average of CHWs - 13.5 per 10000, 34% of them are trained in ENC (5 per 10000). There is geographical inequity among the distribution of CHWs

#### Save the Children Study 2011

### Community based PNC OR in Bangladesh (April 2009 to March 2010)

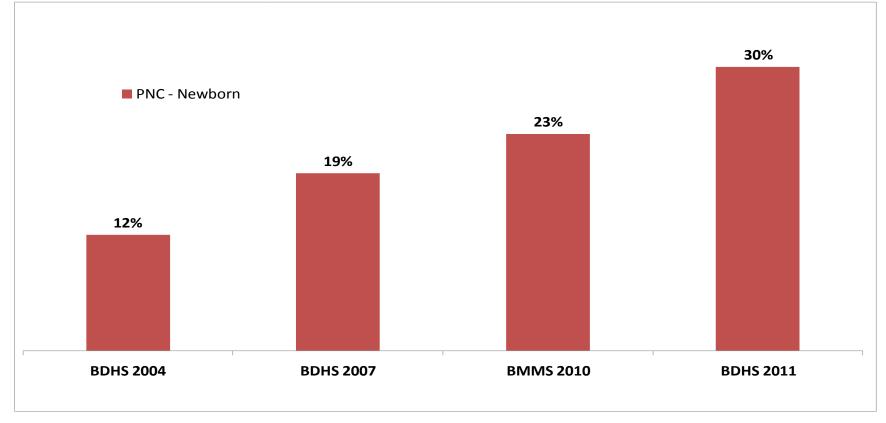


Community based FAL

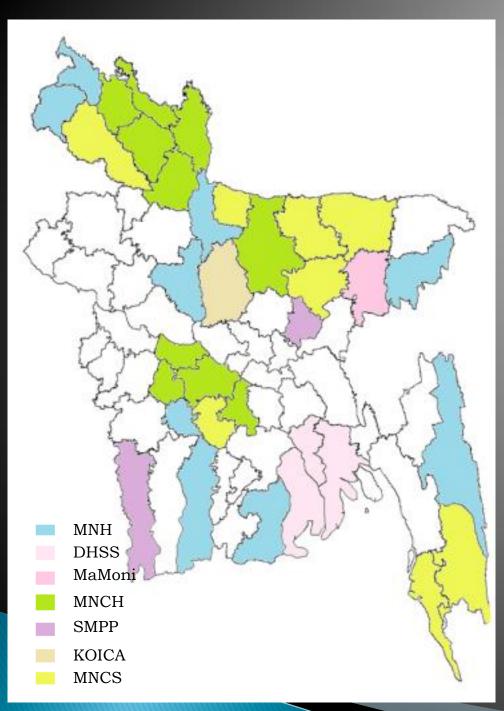
- Early PNC home visit by existing government field workers is feasible.
- Birth notification within 24 hours of birth is closely associated with early PNC visit at home and it should be a program priority to ensure early PNC.
- Use of multiple field workers is challenging.
- Timing of 1st postnatal home visit may be extended up to 2 days instead of 24 hours.

OR End-line Report –SNL and NIPORT

### PNC of Newborn by Medically Trained Provider by 48 hours of birth



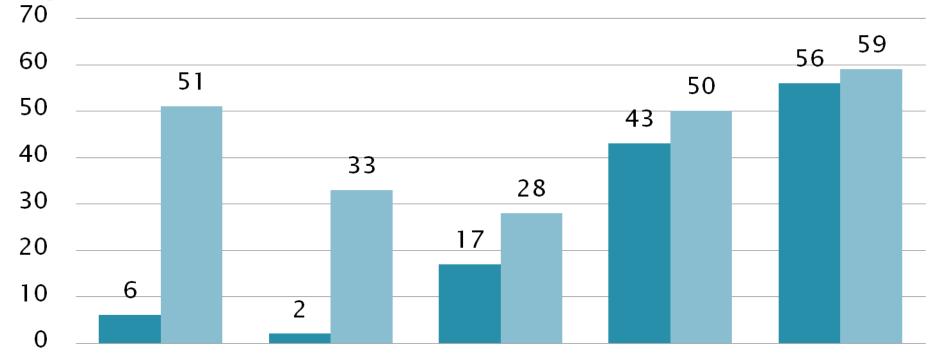
Almost all of the increase in postnatal care can be explained by increases in facility deliveries



Community Based MNCH programs with partners support

In large scale community based **MNCH** projects trained community volunteers were able to make a home visit to 45% to 85% of home births within 2 days of delivery These programs covered half of the country

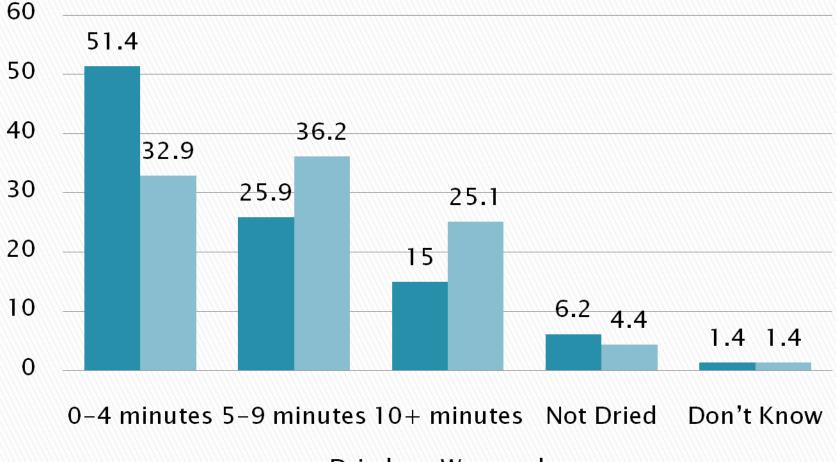
# Trends in essential newborn care practice in home deliveries



Dried with in Wrspped with Bathed 72+ Initiation of Nothing 5 min of birth in 5 min of hours after Breastfeeding applied to birth birth within 1 hour Cord sfter birth

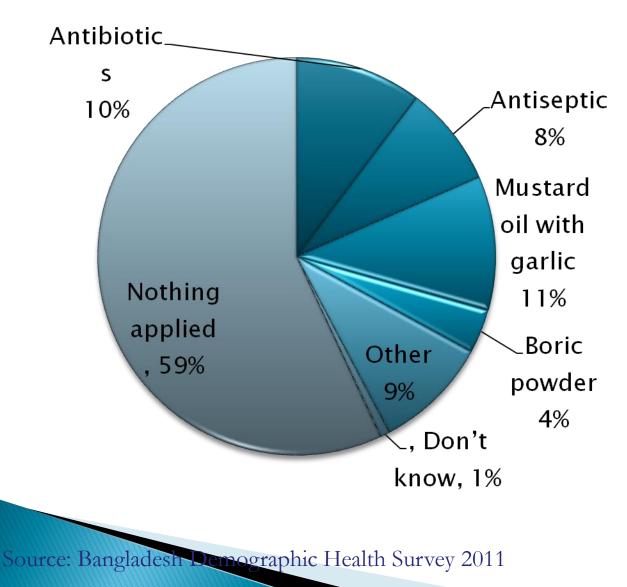
BDHS 2007 BDHS 2011

### Newborn care practices in home deliveries - Timing of drying and wrapping



Dried 📄 Wrapped

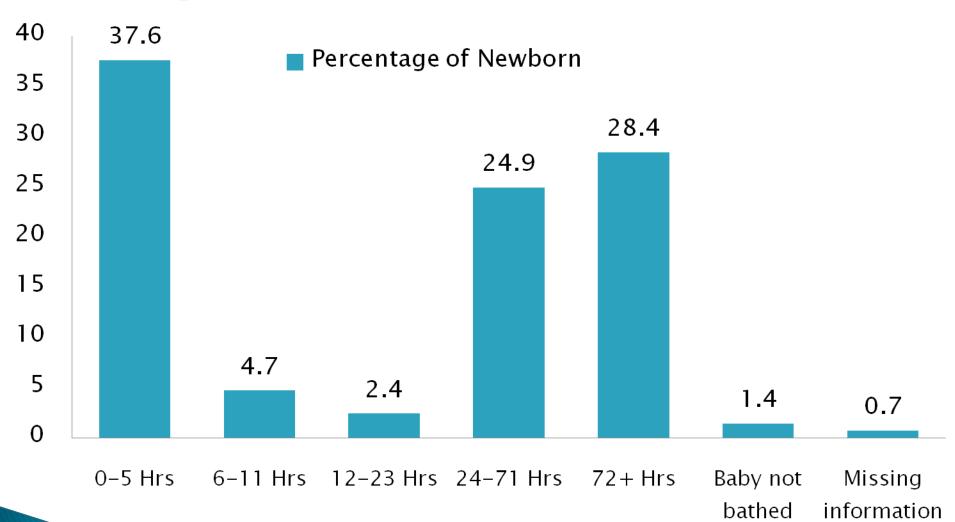
### Application of material after the umbilical cord was cut during home deliveries



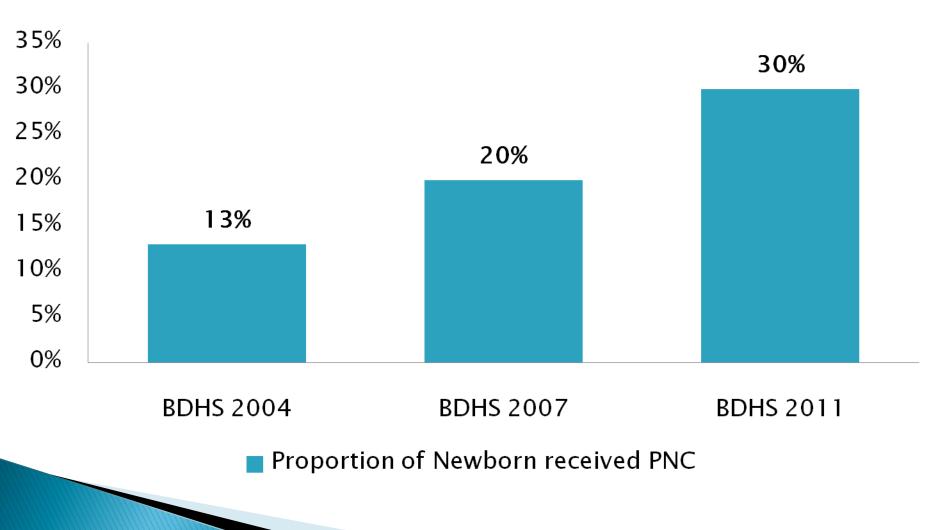
Applying nothing to the umbilical cord increased slightly, from 56 % in 2007 to 59% in 2011

Other includes spirits/alcohol, chewed rice, turmeric juice/powder, ginger juice, shidur, gentian violet and talcum powder

### Newborn care practices in home deliveries -Timing of first bath



# Trend of PNC for newborn from a medically trained provider within two days of delivery



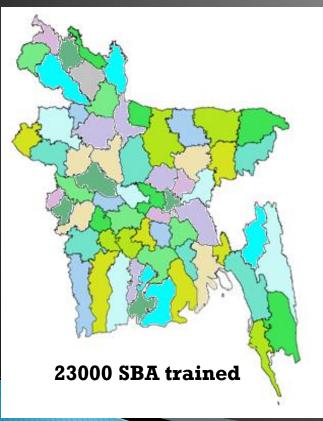
### **Postnatal Care Practices of Newborn**

#### Postnatal care for children

| Timing                             | Any provider | Medically<br>trained<br>provider <sup>1</sup> |
|------------------------------------|--------------|---|
| Within 2 days of delivery          | 40.5         | 29.6  |
| 3-6 days after delivery            | 2.4          | 1.0   |
| 7-41 days after delivery           | 7.0          | 3.5   |
| Did not receive postnatal check up | 49.9         | 65.8  |
| Don't know/missing                 | 0.2          | 0.2   |
| Total                              | 100.0        | 100.0   |
| Number                             | 4,652        | 4,652   |

### Recent Initiatives on Newborn Health in Bangladesh

National Scaling-up of HBB initiatives



Plan for national scaleup of

- Use of 7.1% CHX in newborn umbilicus
- Sepsis management in lower level facilities
- KMC for preterm babies
- Antenatal corticosteroid for threatened preterm labor

## Challenge

- Health workforce shortage
- PNC 3 visit by existing CHW
- Supervision in the community
- Monitoring PNC activities specially through MIS

## Thank You

# **iCCM 2014**

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