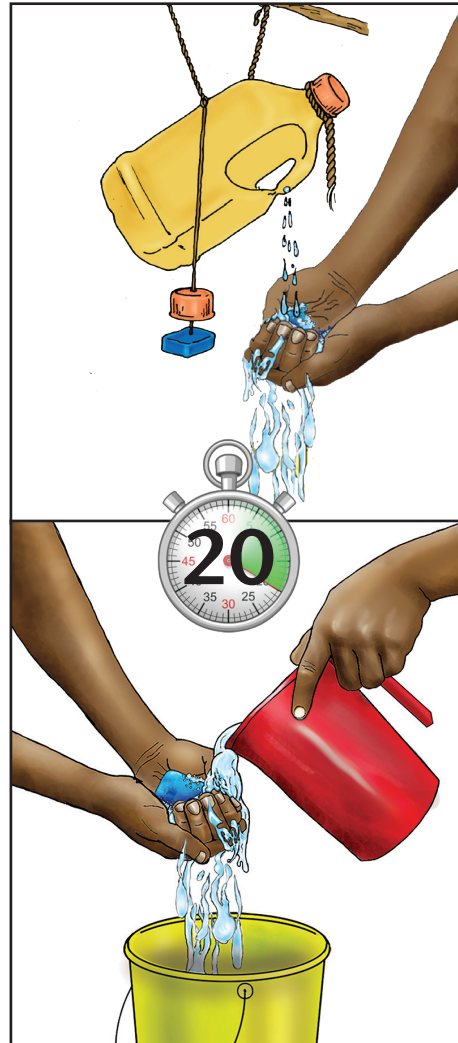


# Infant and Young Child Feeding Recommendations



**When COVID-19 is Suspected or Confirmed**

# Actions needed to prevent the spread of COVID-19





# Take precautions during delivery and rooming-in



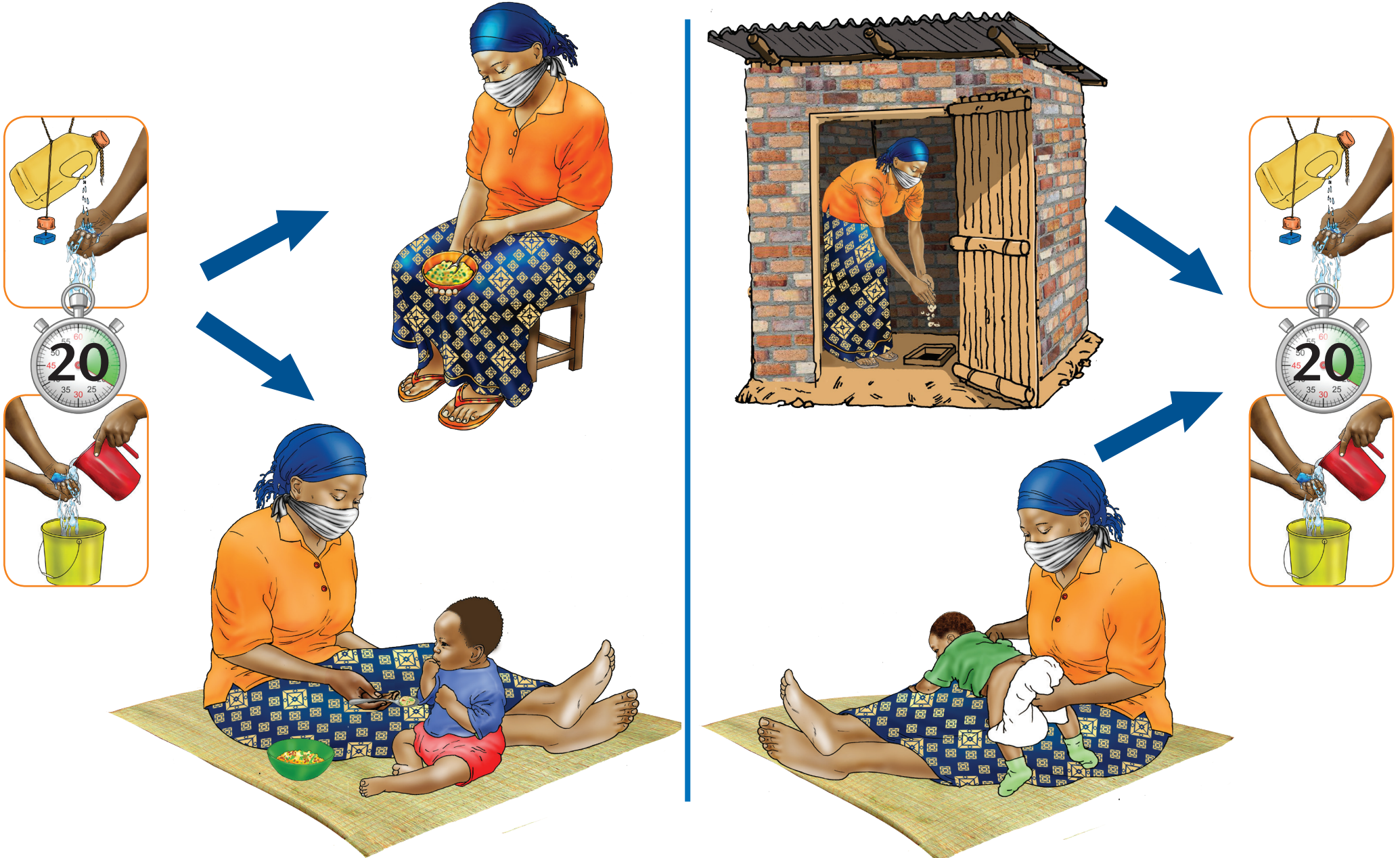


# Take precautions when breastfeeding, day and night

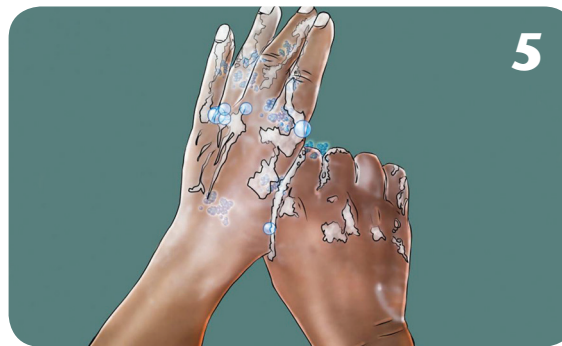
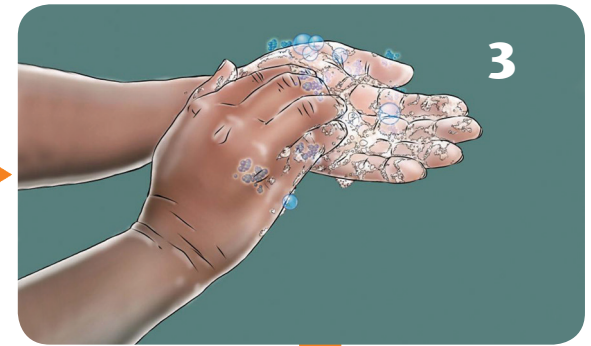
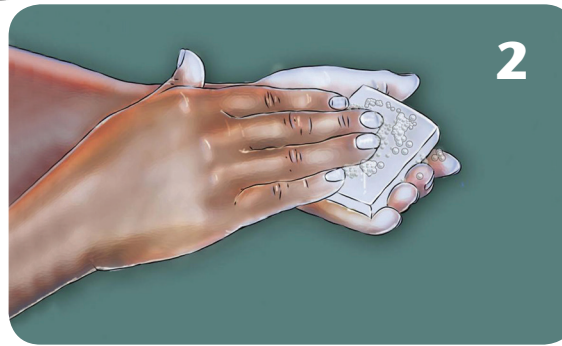




# Wash hands with soap to prevent spread of COVID-19



Wash hands for  20 seconds following these steps

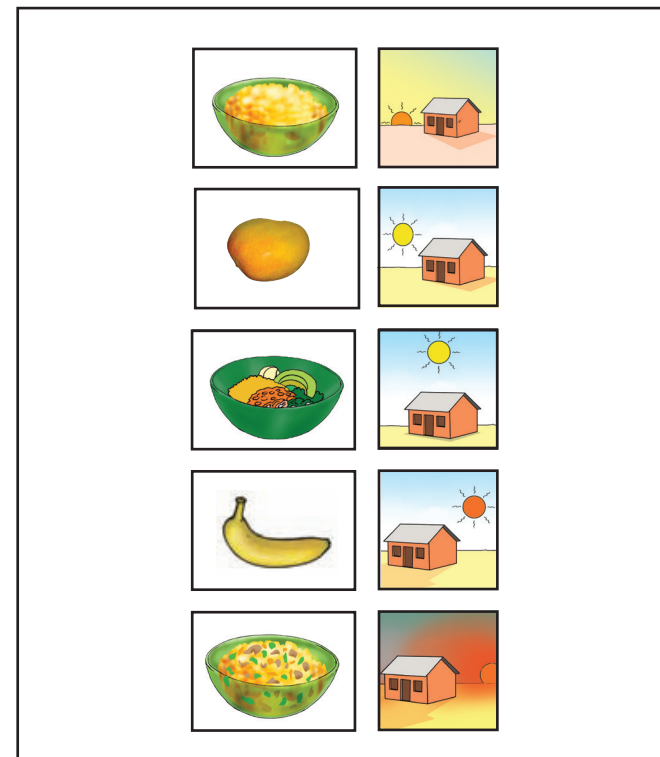
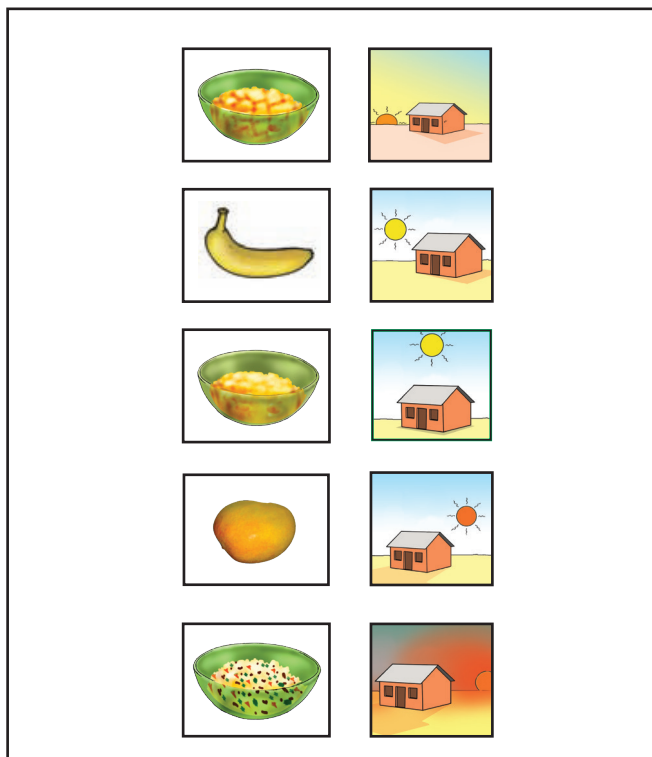
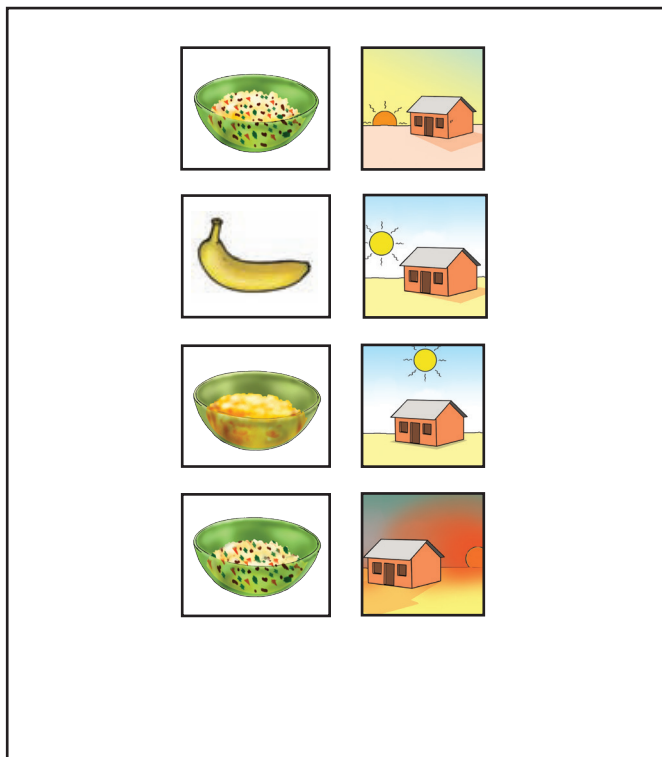




# Practice food safety and prepare clean water

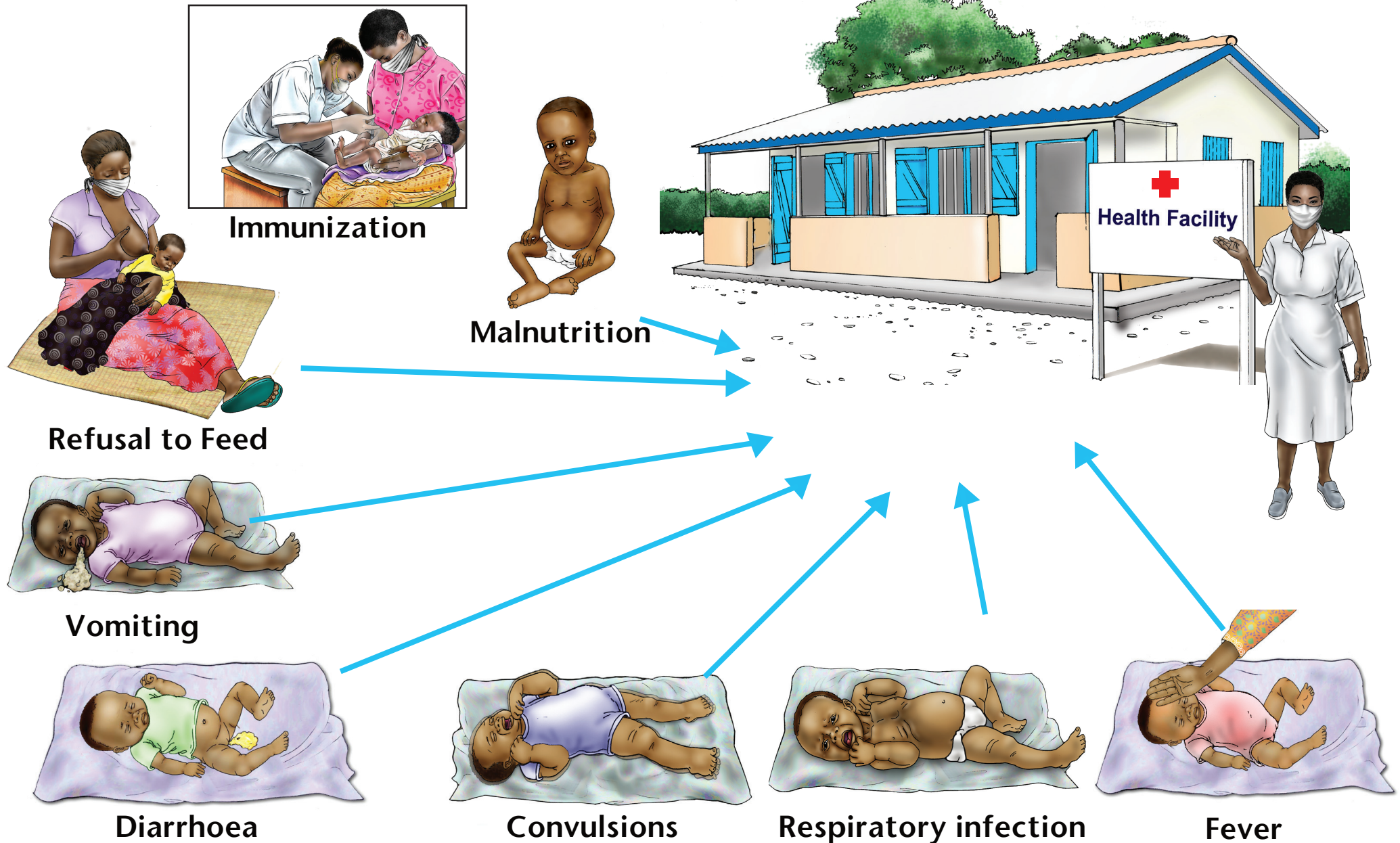


# Practice safe complementary feeding





# When to seek advice from the health facility



# How to hand express breast milk and cup feed





# If you give infant formula while recovering from the virus

## Safely mix and feed the infant formula

