MENTAL HEALTH AMONG SCHOOL-AGE CHILDREN & ADOLESCENTS

MENTAL HEALTH CONDITIONS BEGIN IN EARLY LIFE

A mental health condition is a broad term that encompasses neurodevelopmental, emotional, and behavioral disorders. Mental health conditions emerge during the years when children and adolescents are attending school, which presents an opportunity for the school system to provide emotional support, identify possible conditions, and take action.

An estimated 1 in 7 adolescents globally experience mental health problems and 20% of school-aged children are affected by mental health conditions. This is estimated to increase to 20% by 2040. Adolescents need peer support. School-based programs can reduce bullying by about 20% in adolescents. Over 20% of school-aged children are affected by mental health conditions. Adolescents experience bullying and physical violence. About 50% of mental health conditions among adults emerge by age 14. Adolescents need peer support. School-based programs can reduce bullying by about 20% in adolescents. An estimated 1 in 7 adolescents globally experience mental health problems and 20% of school-aged children are affected by mental health conditions. This is estimated to increase to 20% by 2040. Adolescents need peer support. School-based programs can reduce bullying by about 20% in adolescents. Mental health conditions emerge during the years when children and adolescents are attending school, which presents an opportunity for the school system to provide emotional support, identify possible conditions, and take action.

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