



# School Health and Nutrition: From Principles to Practice

A Three Part E-Learning Course



# Agenda

## 1. **Setting the Scene**

Schools as a platform for health service delivery & USAID's interest in this area

## 2. **Tools**

Introduction to the School Health E-learning course & Microlearnings Toolkit

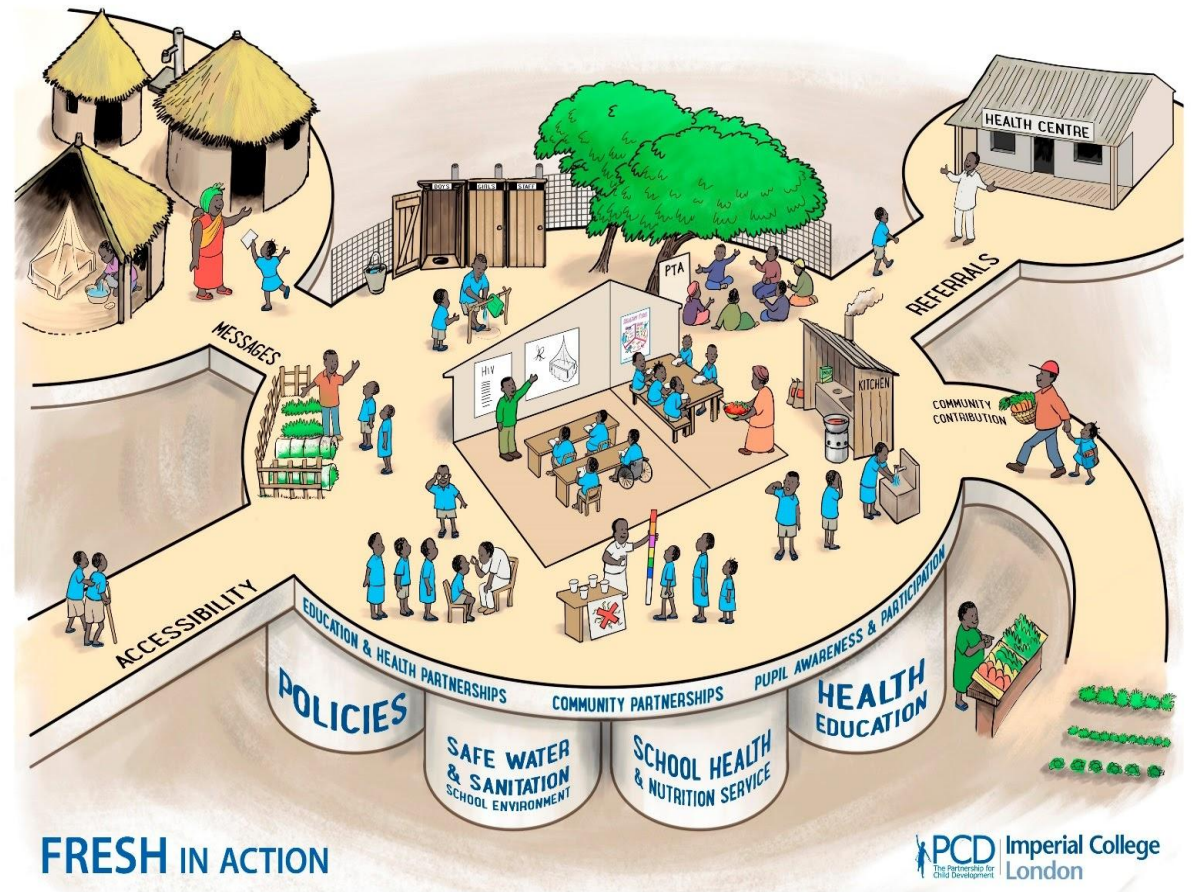
## 3. **Exchange**

Reflections on the experience of completing the e-learning course

## 4. **Reflections & Questions**

# Defining School Health

“Services provided to students enrolled in primary or secondary education within school premises or in specially designated school health clinics that serve several schools.”



# Examples of School Health Interventions



## WHAT IS SCHOOL HEALTH?



### NATIONAL & SCHOOL-LEVEL POLICIES

- ☐ National policy in support of school health and nutrition
- ☐ Referral mechanisms between schools and health facilities
- ☐ Curriculum standards for health education
- ☐ National standards for school meals
- ☐ Skills-based health education taught during teacher training
- ☐ Confronting school-based gender-based violence



### ROUTINE HEALTH SERVICE DELIVERY AT SCHOOL

- ☐ School feeding, snacks, and/or take home rations
- ☐ Deworming
- ☐ Immunization
- ☐ Vision, hearing, and dental screening
- ☐ Micronutrient supplementation
- ☐ Bednet distribution



### HEALTH EDUCATION

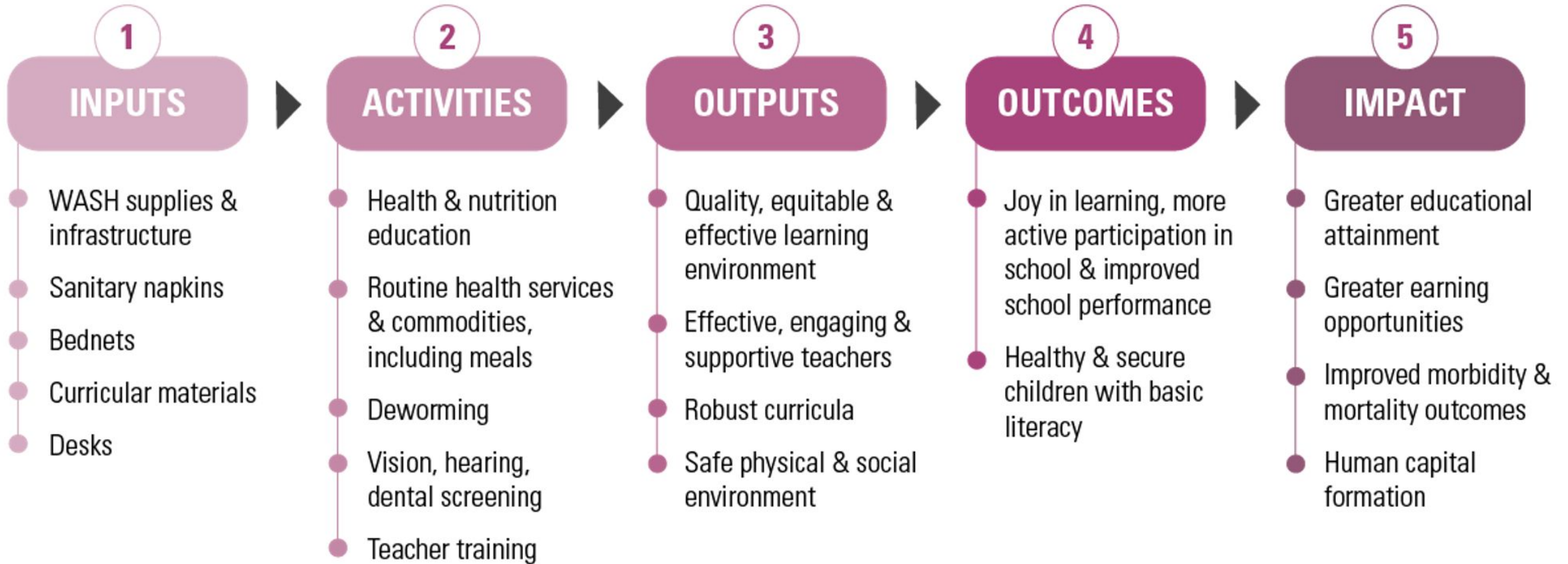
- ☐ Comprehensive sexuality education
- ☐ HIV/AIDS education
- ☐ Education on emerging health issues
- ☐ Physical activity
- ☐ Skills-based health and nutrition education
- ☐ Mental health awareness



### SCHOOL ENVIRONMENT

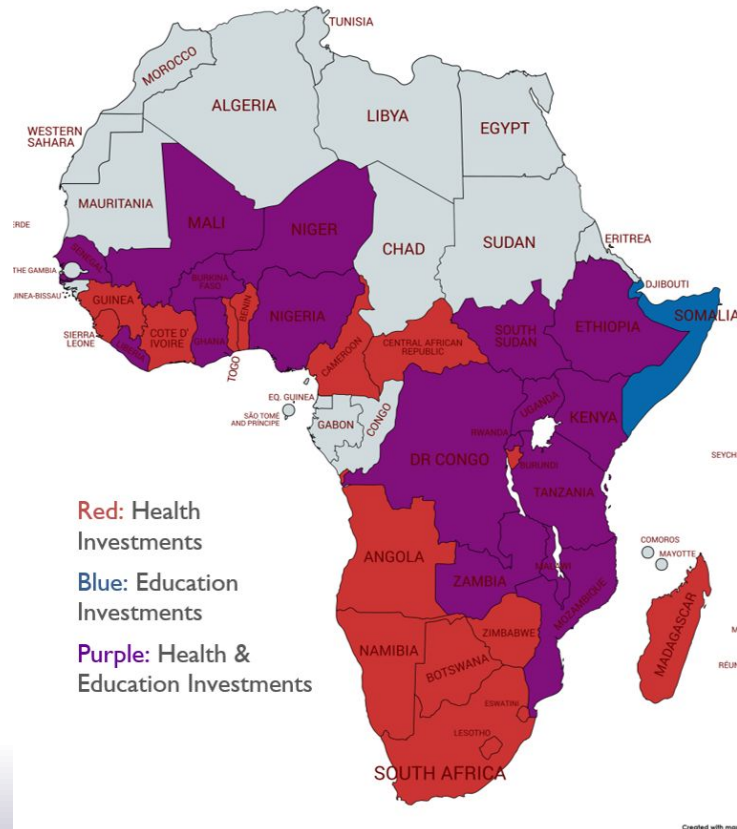
- ☐ Safe construction with shelter from elements
- ☐ Separate latrines for male & female students
- ☐ Potable water
- ☐ Tobacco and/or drug free zone
- ☐ Provision of menstrual supplies
- ☐ Lead-free cookware

# From Input to Impact: A School Health Logic Model



# The Relevance of School Health and Nutrition for the USAID Africa Bureau

## Africa Bureau Missions with Health and/or Education Investments



## Example of Multisector action within an Africa Bureau Mission: Senegal

**Co-funding:** Education and Economic Growth Offices

**Objective:** Help schools reopen and keep students safe through better access to handwashing stations in schools

**Investment:** Hand-washing stations, including rehabilitating micro-boreholes and transporting water in arid regions

**Complementary activities:** Hygiene education to prevent the spread of COVID-19

# **School Health and Nutrition Hub**



[ABOUT](#)[SUBGROUPS](#)[HUBS](#)[NEWS](#)[EVENTS](#)[RESOURCES](#)[English ▾](#)

# School Health and Nutrition

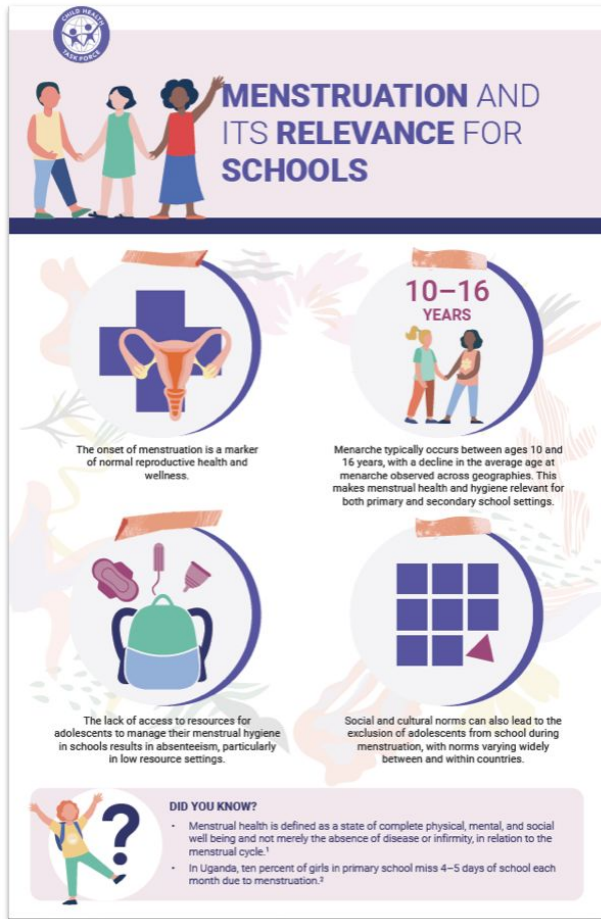
Investments in school health are a strategic win for a country's education and health sectors – and more critically – a win for children and adolescents.



Photo: Madagascar, Crystal Thompson, USAID



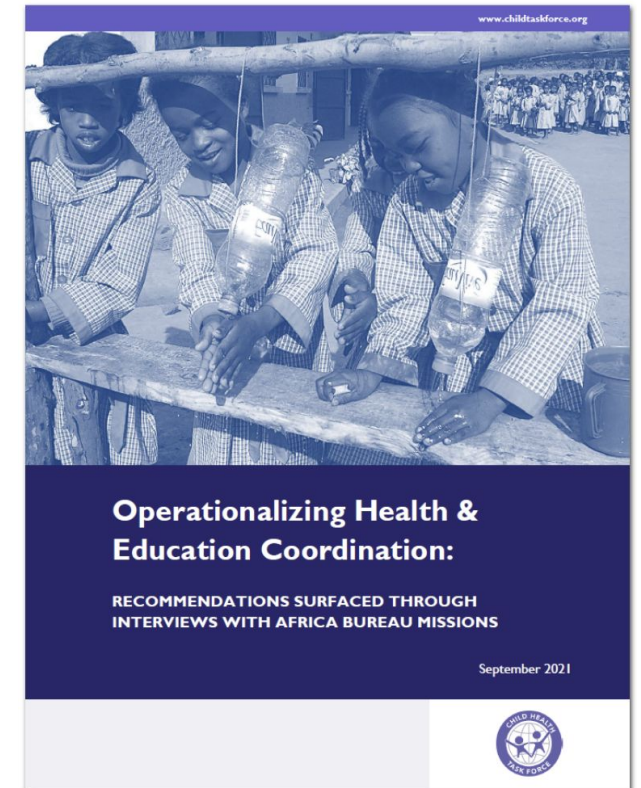
# School Health and Nutrition Microlearnings Toolkit



**Advocate:** Infographics



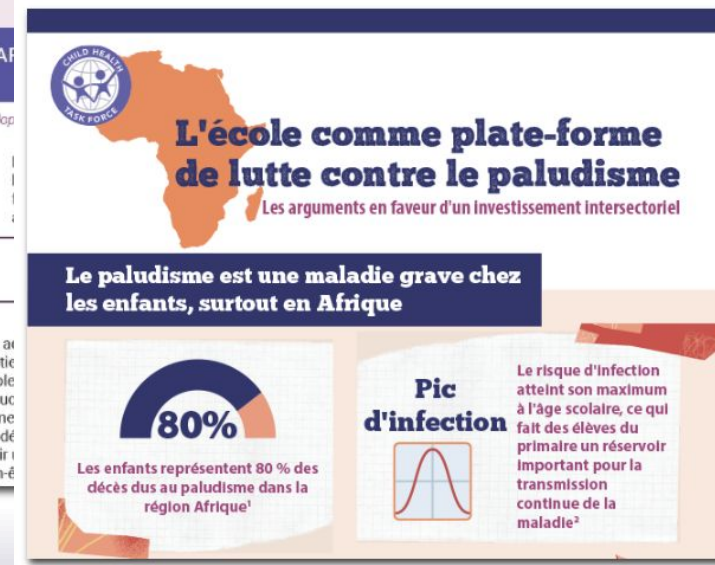
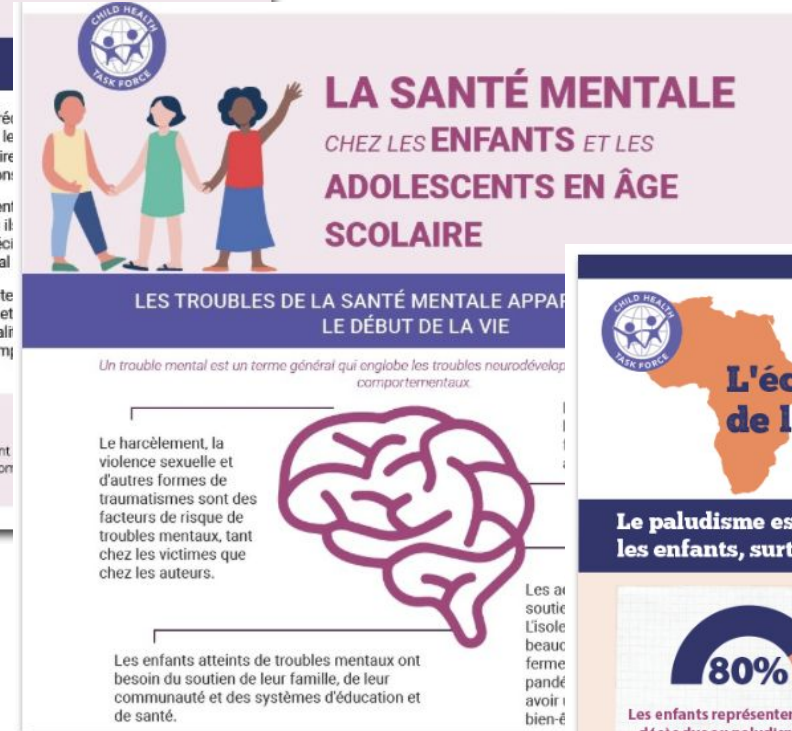
**Inspire:** Animated Videos



**Guide:** Operational Reports







  
**Disponible**

# E-Learning Course







## SPECIAL THANKS

**Marie Reid**

**E-Learning  
Designer**





## From vision to fruition: a 9 month process

### **Phase 1: Blueprint**

Agreed the learning objectives, scope, and audience

### **Phase 2: Development**

Developed evidence-based, easy to understand scripts

### **Phase 3: User Testing**

Refined flow, content, and interactive features in response to feedback

### **Phase 4: Launch**

Ensured accessibility by making course open access and available in French

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# Module One

## THE DIVERSE LANDSCAPE OF SCHOOL HEALTH AND NUTRITION



This module introduces the key interventions of school-based health, emphasizing their importance in creating healthy learning environments.



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# Module Two

## COORDINATION IN SCHOOL HEALTH AND NUTRITION INITIATIVES



This module focuses on coordination strategies across sectors to enhance the delivery of school-based health interventions.



# Bringing the content to life: stories from practitioners



**Cara Endyke Doran**

*Senior Director for Health,  
Nutrition, and WASH*

**Global Communities**



**Ramsey Sosola**

*Senior Education Specialist*

**USAID | Malawi**



**Bradford Strickland**

*Senior Education Advisor  
Office of Sustainable Development*

**Bureau for Africa | USAID**



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# Module Three

## TOOLS TO GUIDE THE DESIGN OF SCHOOL HEALTH AND NUTRITION PROGRAMS



This module guides learners in applying their knowledge to design, implement, and monitor school health programs.







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# CERTIFICATE

## Of Completion

This certificate is proudly presented for honorable achievement to

*Your Name Here*

To signify the successful completion of the 'School Health and Nutrition: From Principles to Practice' E-learning Course by the Child Health Task Force (CHTF).

07/11/2024



# Key Features



**INTERACTIVE  
MULTIMEDIA**




**CONCRETE  
EXAMPLES**



**KNOWLEDGE  
CHECKS**

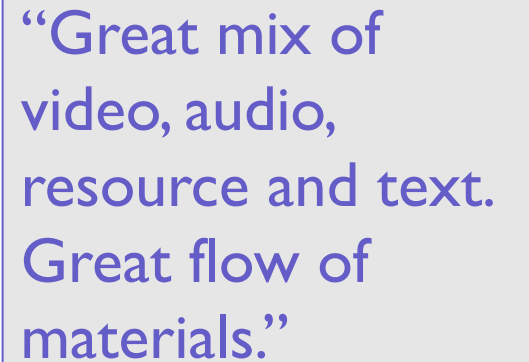
## Course participants have reacted positively



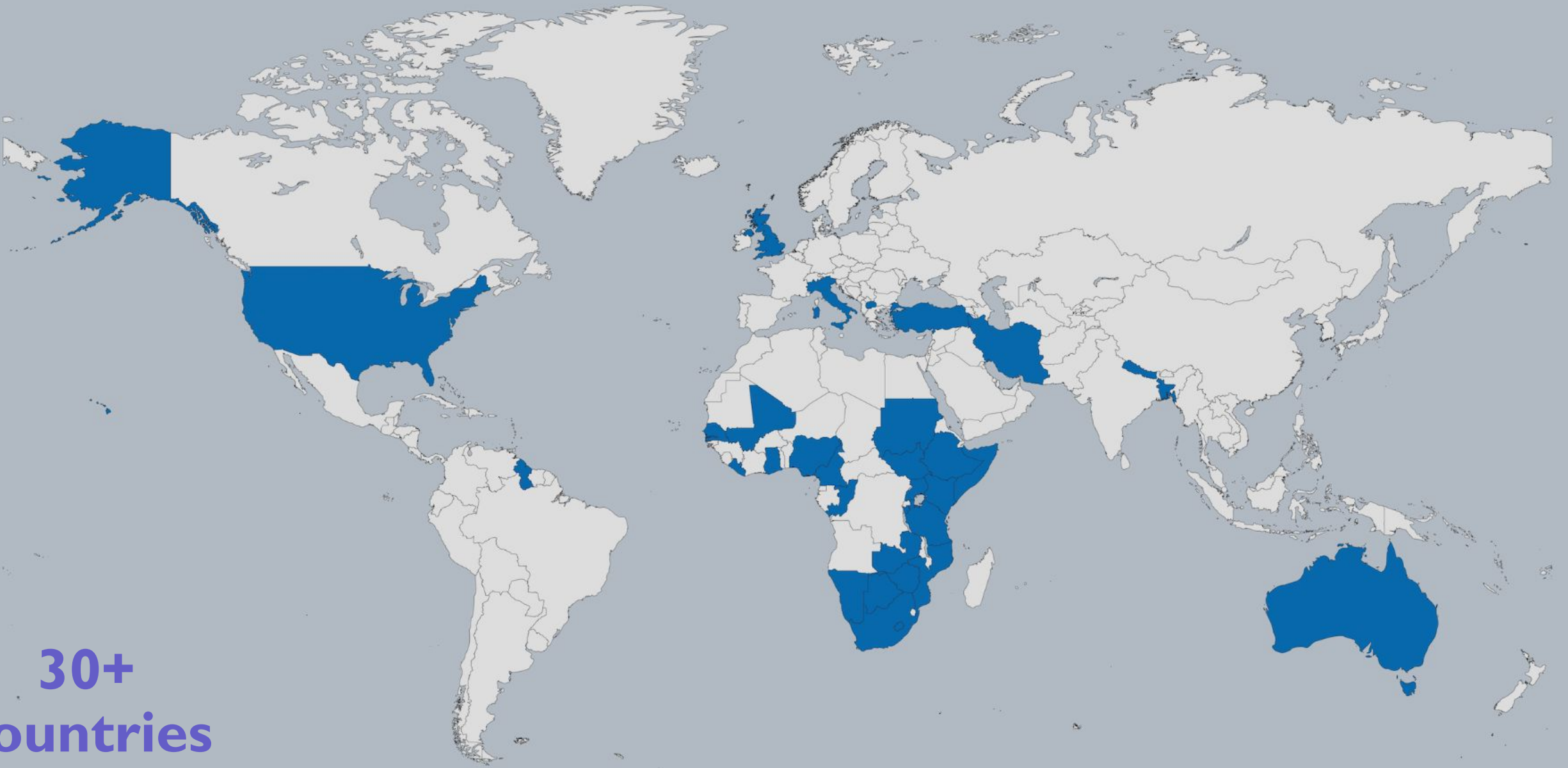
“Overall, this course provided great resources and presented well the materials.”



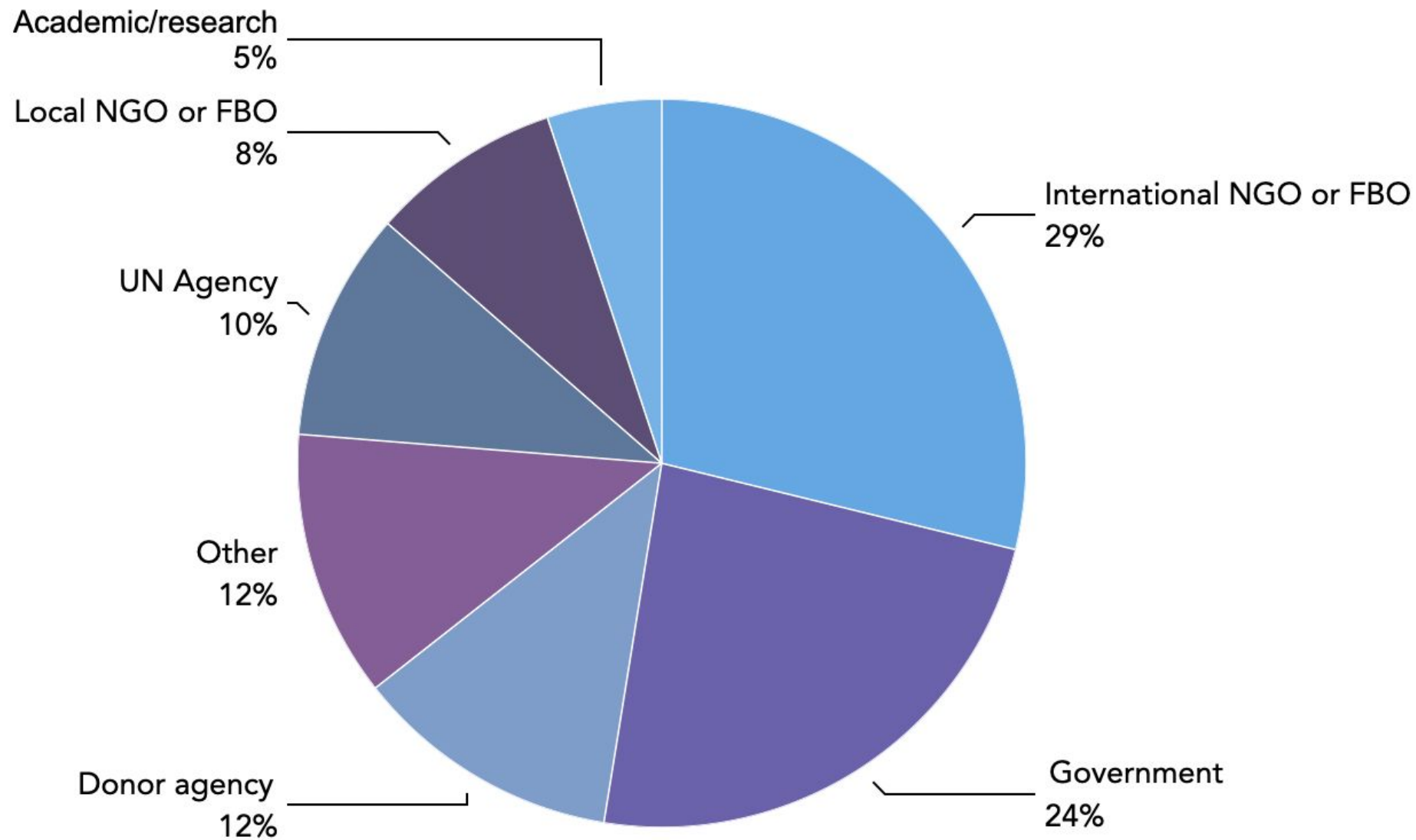
“8/10”



“Great mix of video, audio, resource and text. Great flow of materials.”

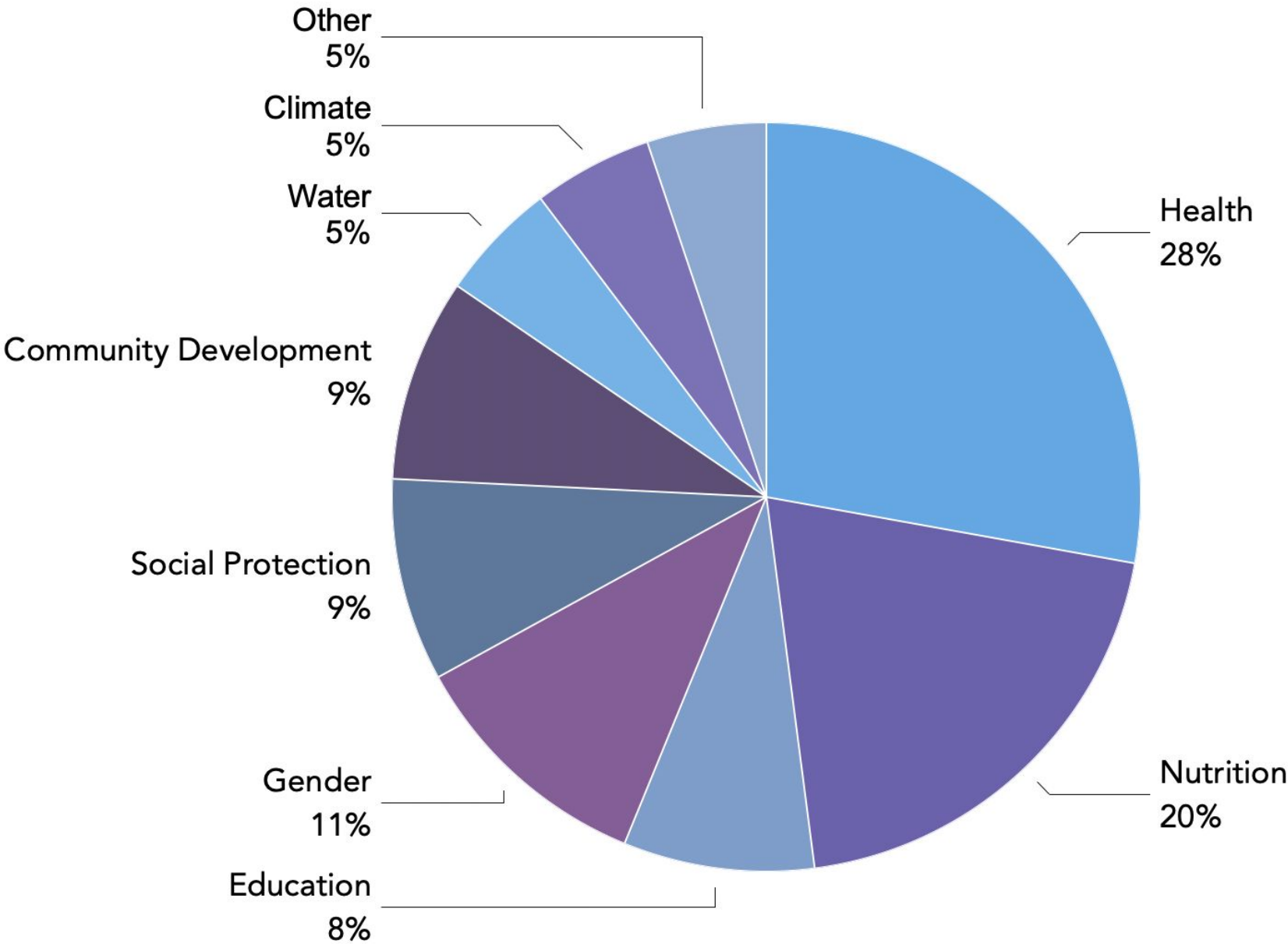



## Course participants' organizational profile





Sectors the course  
participants  
support





# **Fireside chat with Denise O'Toole**

# Questions & Reactions

# Join Us



## Enhance the e-learning course

Share your feedback on the course through the post-assessment survey



## Make your mark on the SHN Hub

Nominate your organization for a Practitioner Spotlight



## Help grow the SHN Microlearnings Toolkit

Suggest topics for new school health infographics and animated videos



## Stay engaged with the Task Force

Become a member of the Re-Imagining the Package of Care sub-group & join the listserv





## SPECIAL THANKS



**USAID**  
FROM THE AMERICAN PEOPLE



This course was developed by the Child Health Task Force. The Child Health Task Force is funded by USAID through the MOMENTUM Routine Immunization Transformation and Equity project with the goal of generating and sharing evidence on how to implement equitable, comprehensive, and integrated programs that will translate into better outcomes for children.